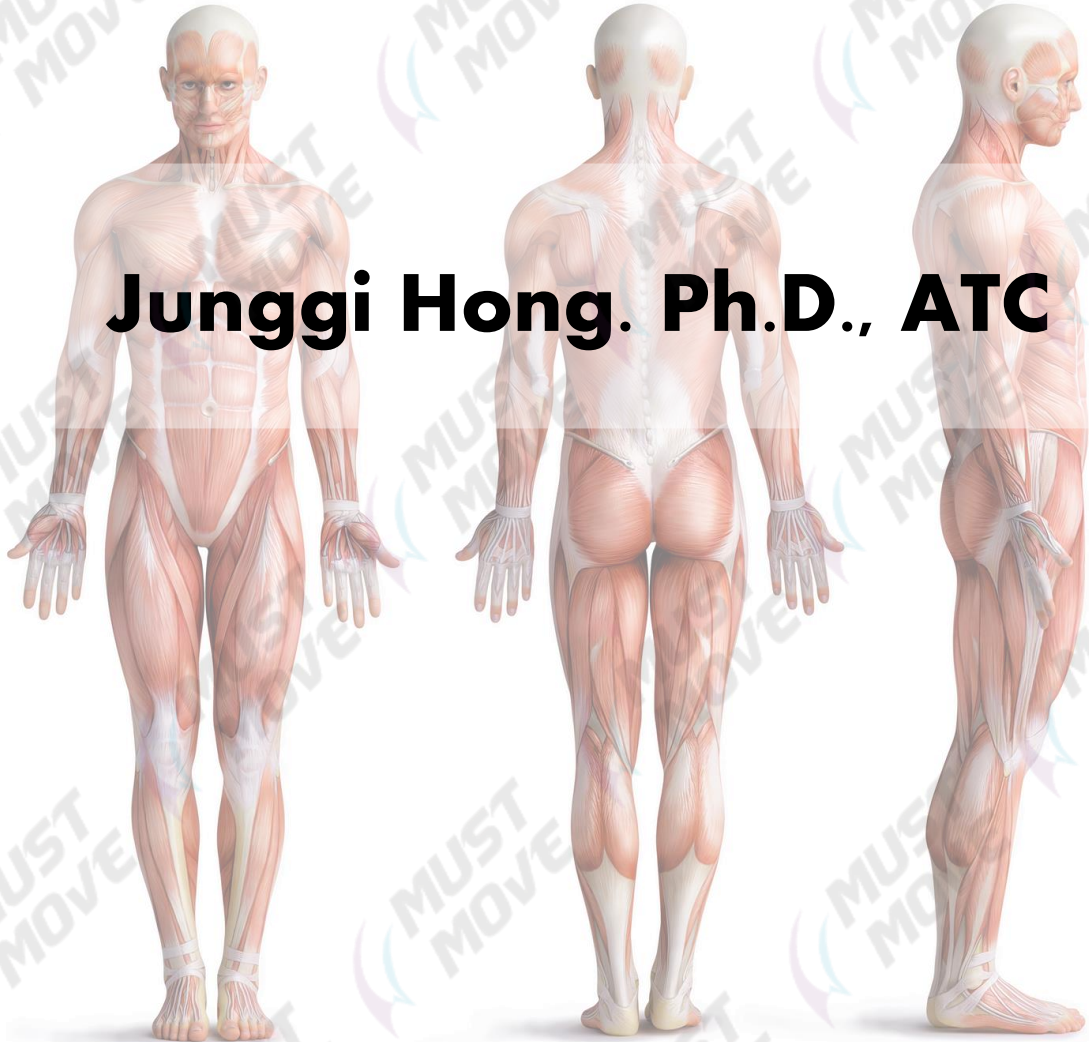
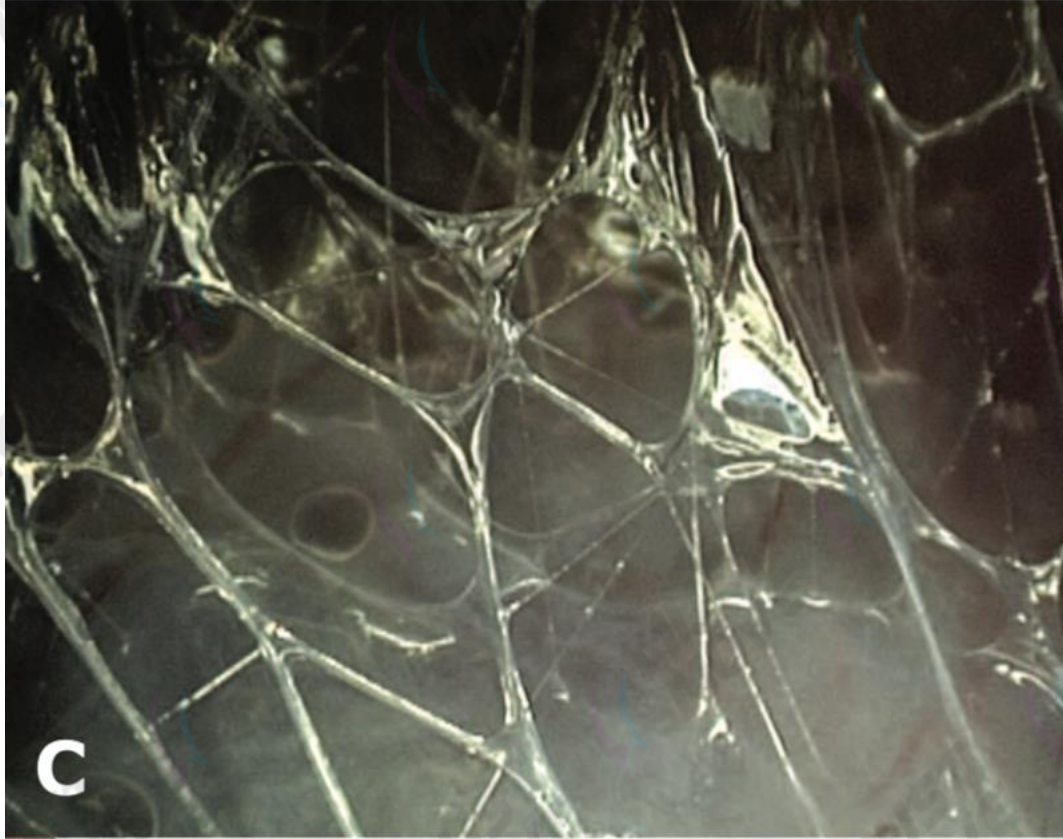


Anatomy Fascial Line

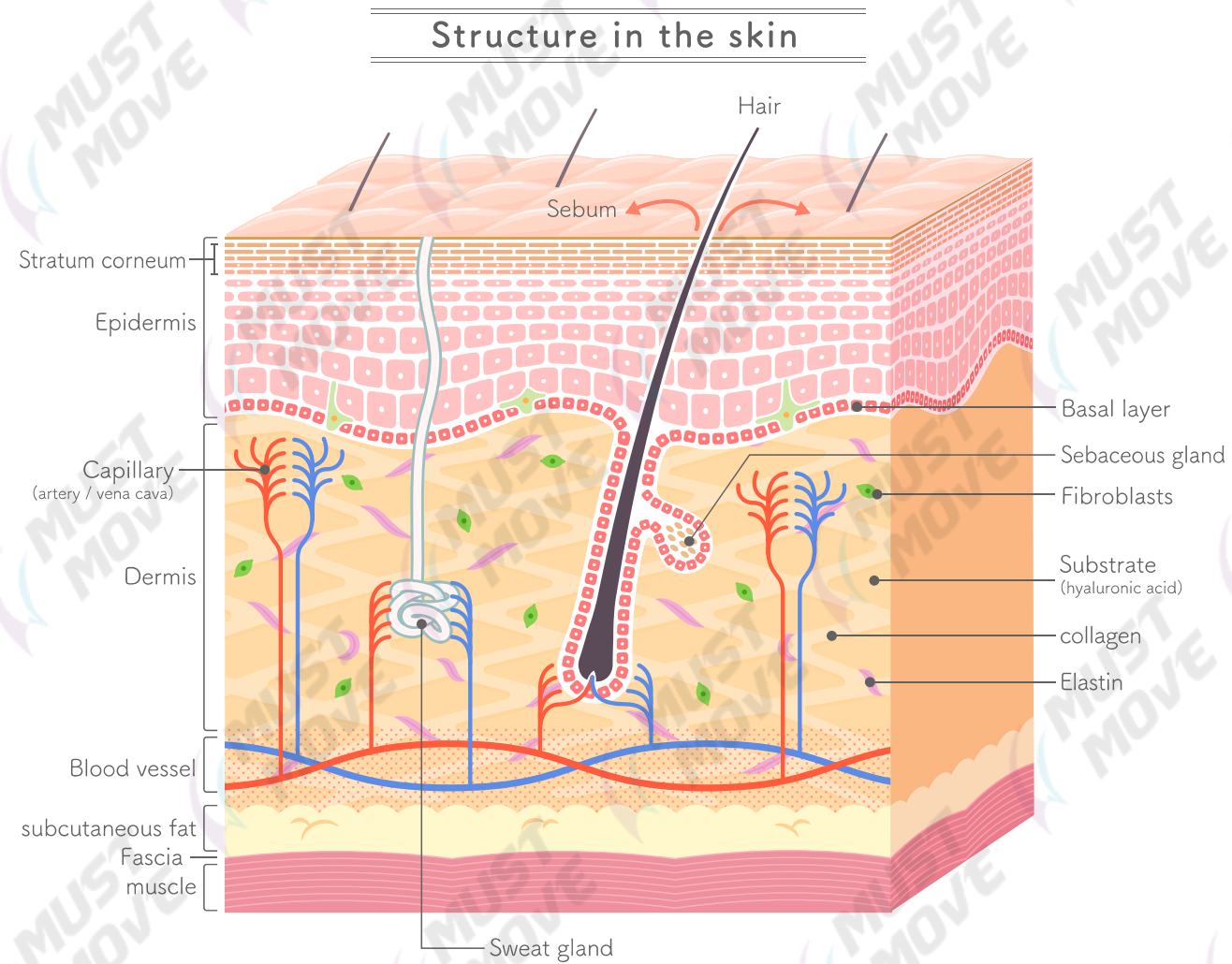
Junggi Hong. Ph.D., ATC



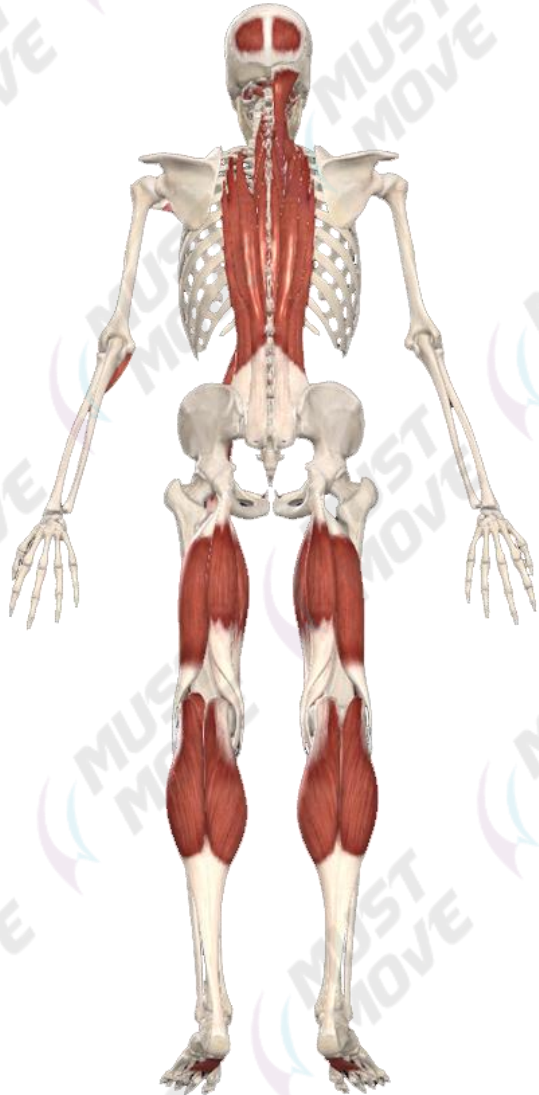
What is the Fascia ?



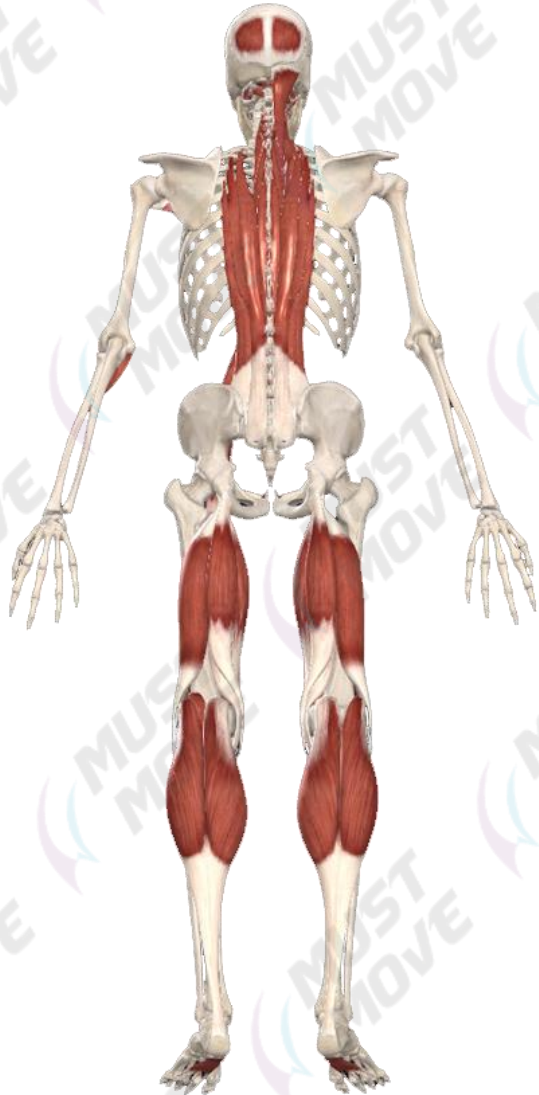
What is the Fascia?



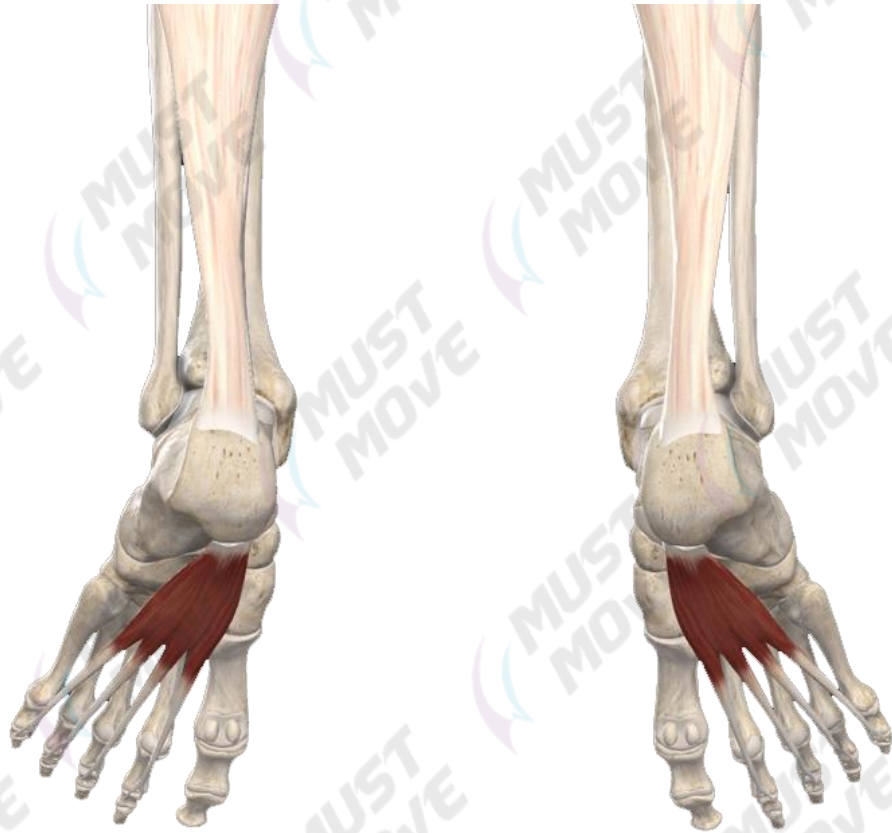
1. The Superficial Back Line



1. The Superficial Back Line



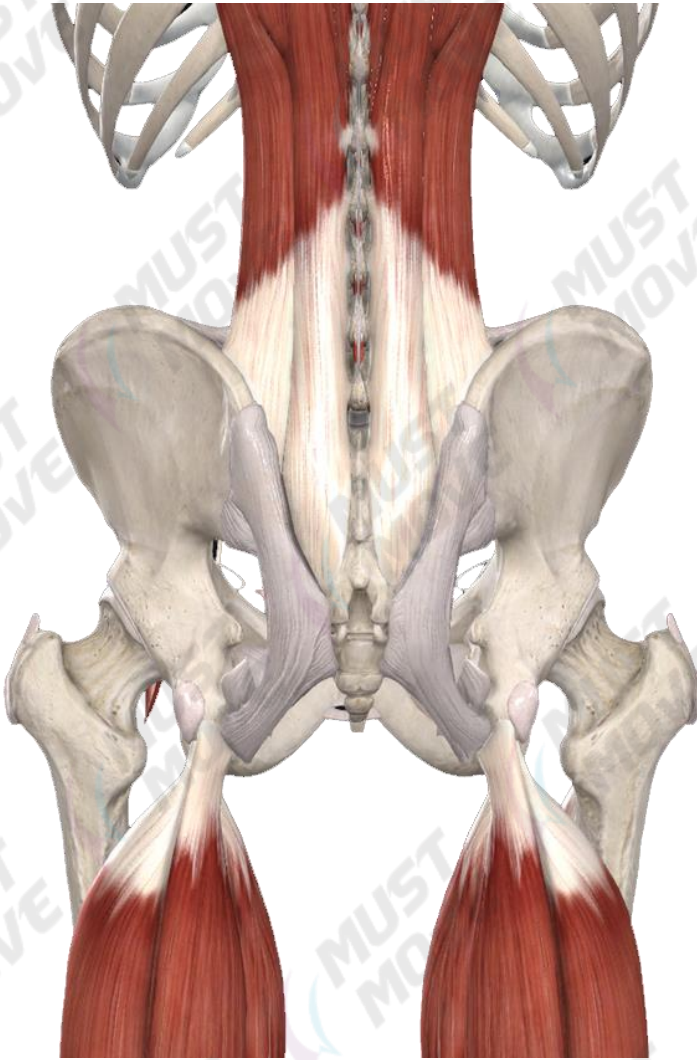
1. The Superficial Back Line



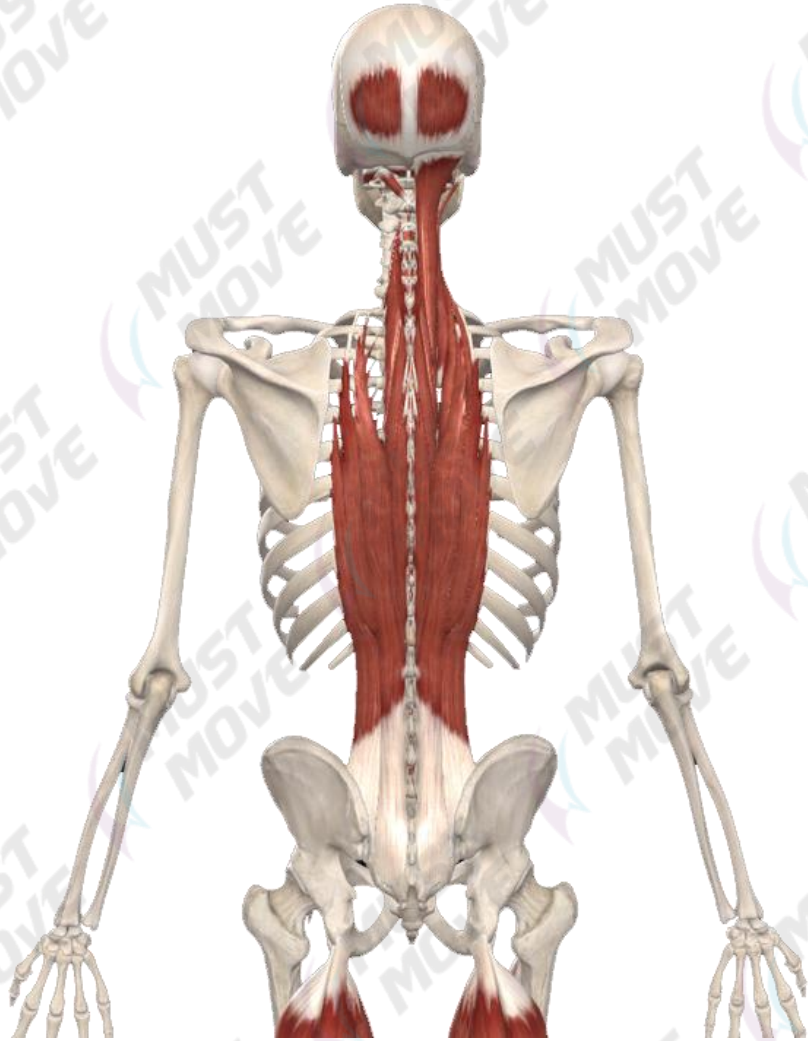
1. The Superficial Back Line



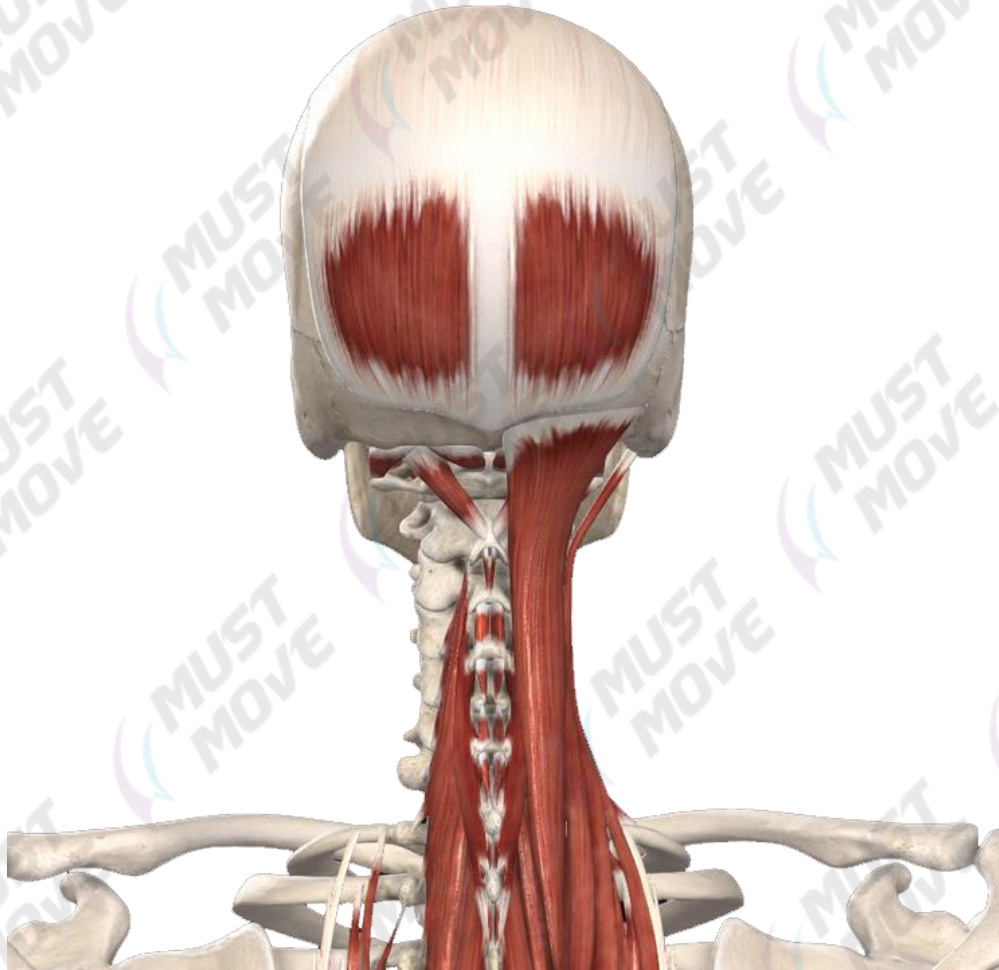
1. The Superficial Back Line



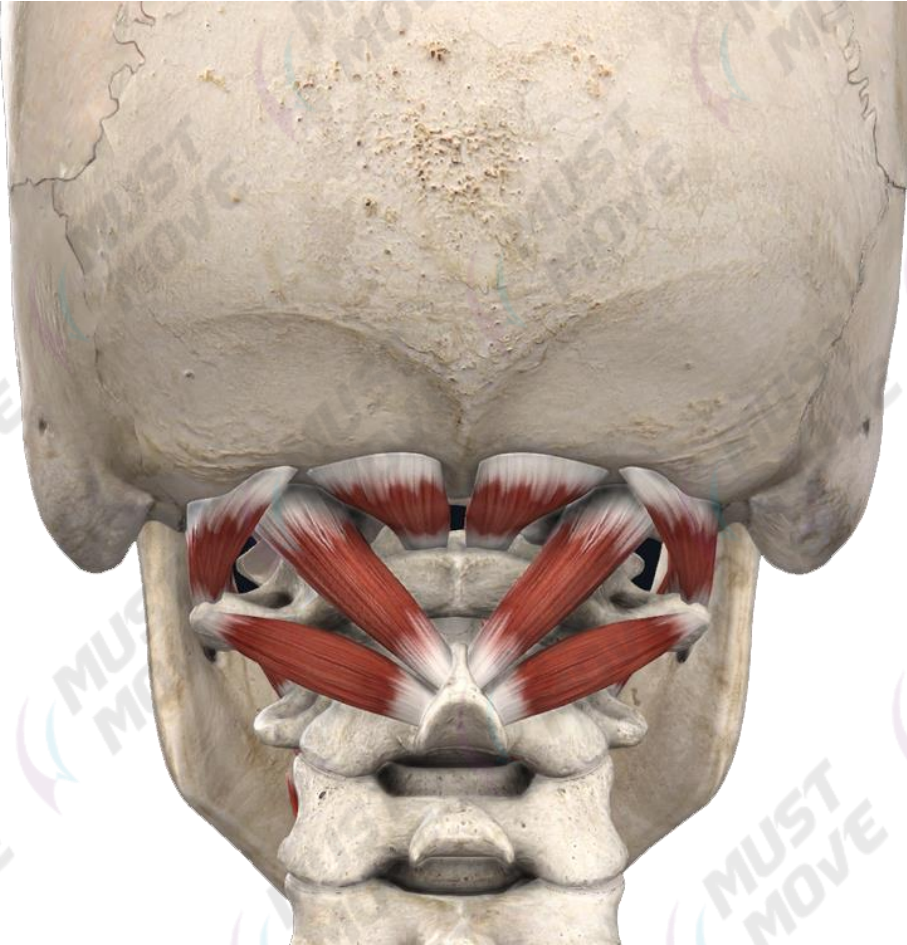
1. The Superficial Back Line



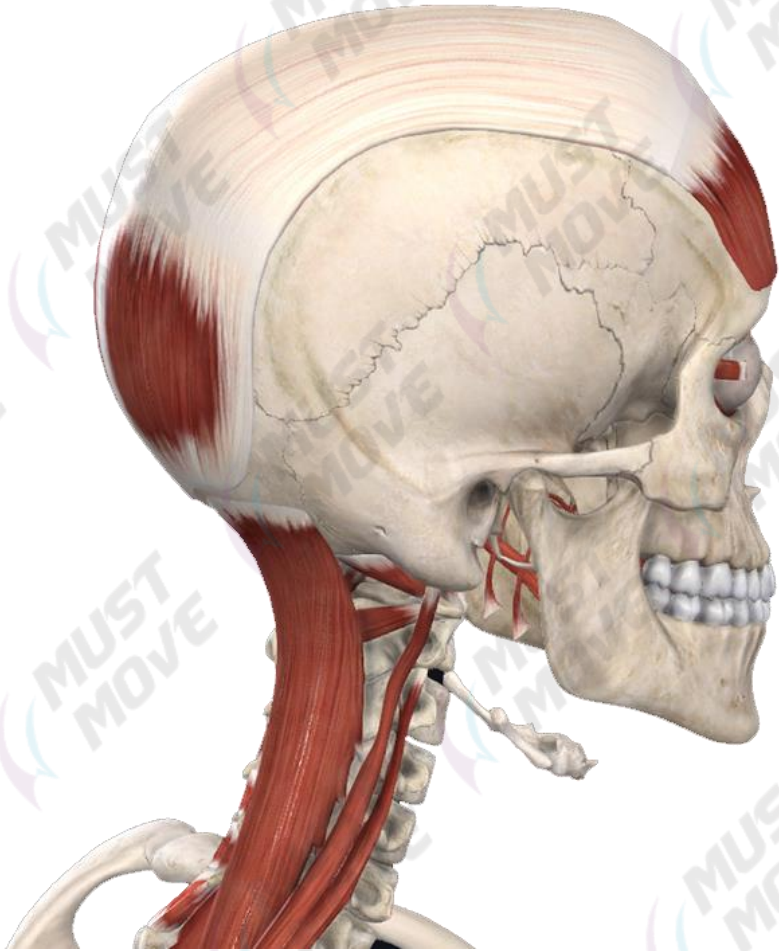
1. The Superficial Back Line



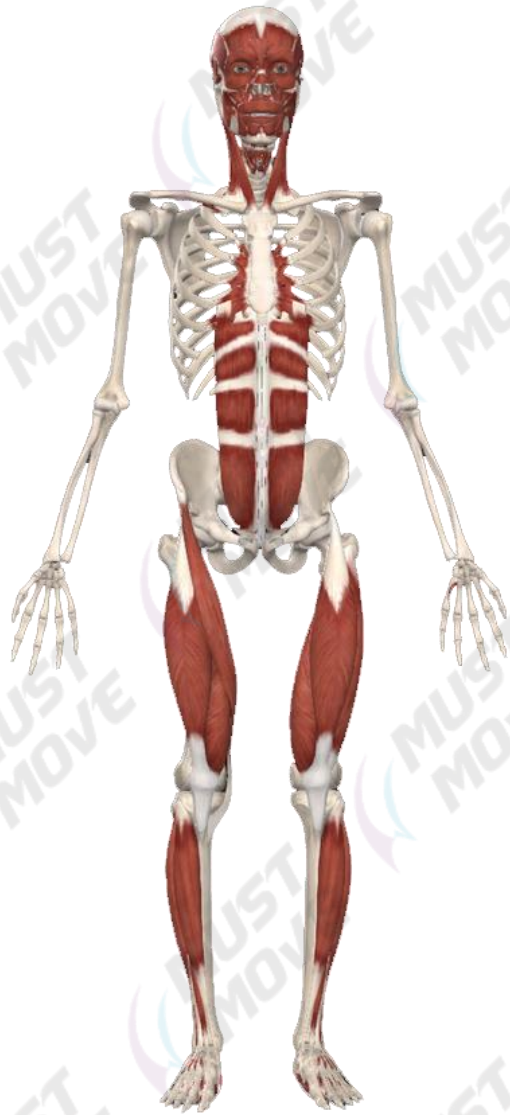
1. The Superficial Back Line



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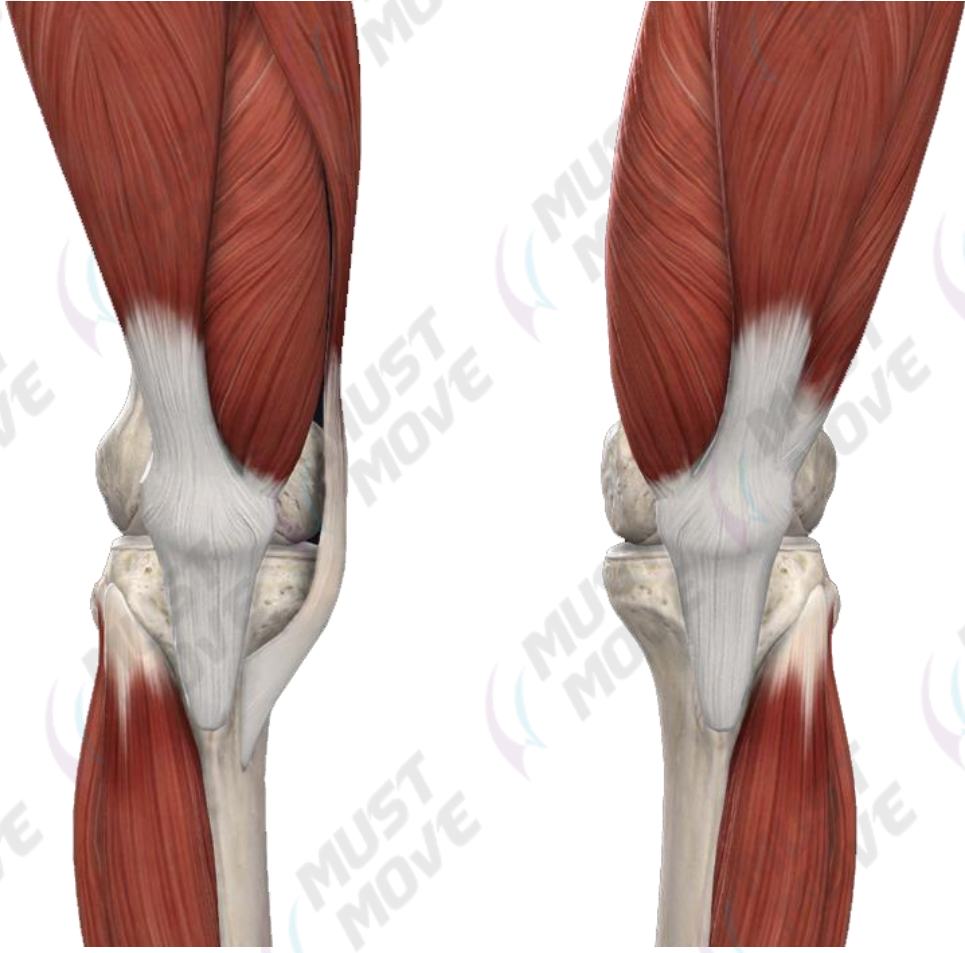
2. The Superficial Front Line



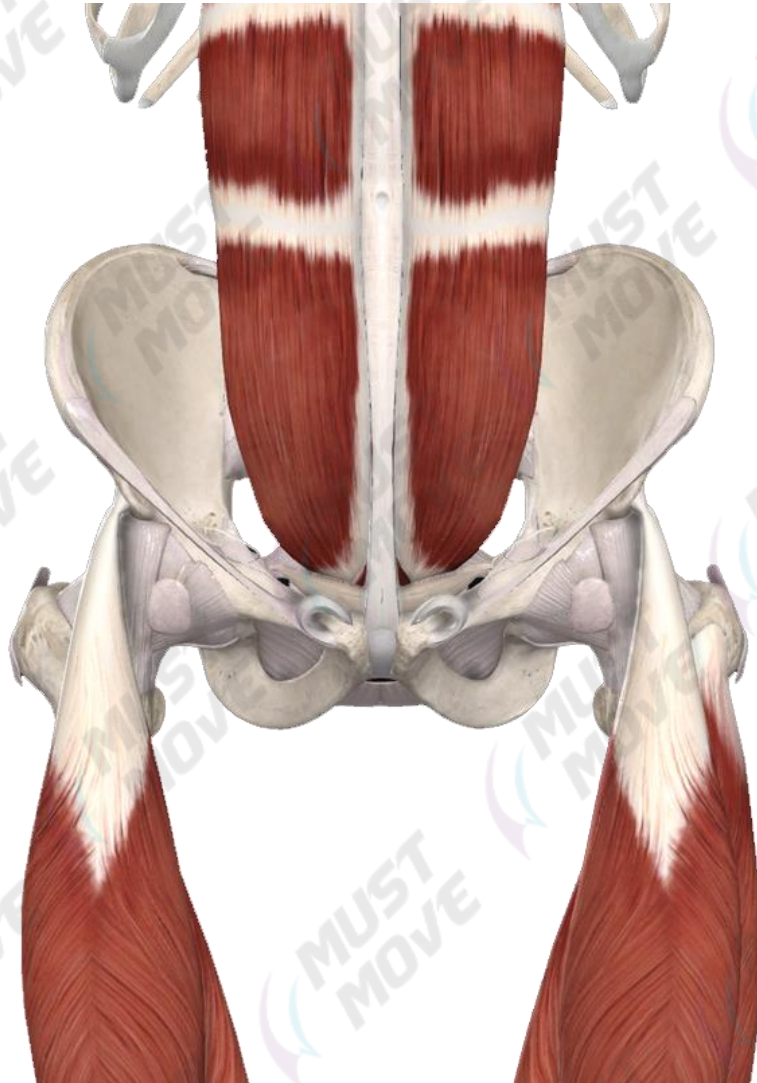
2. The Superficial Front Line



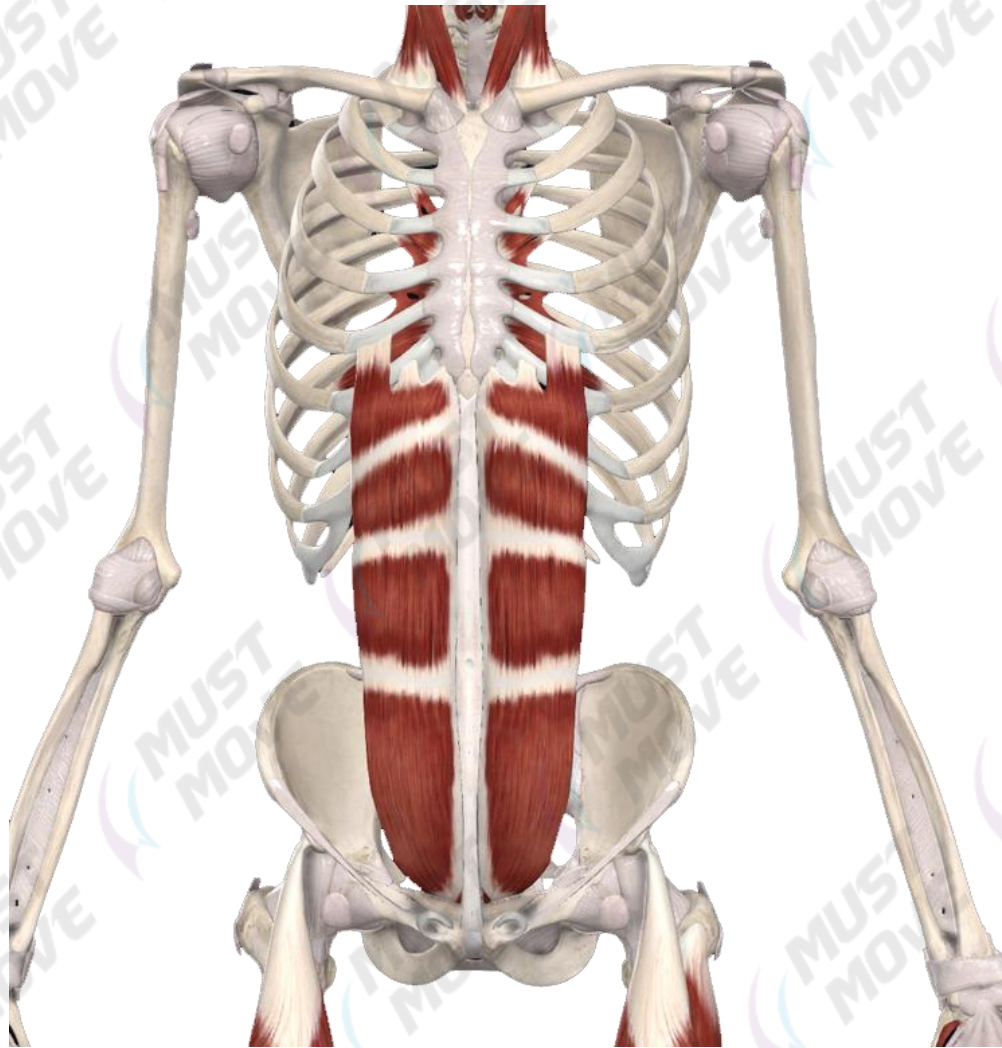
2. The Superficial Front Line



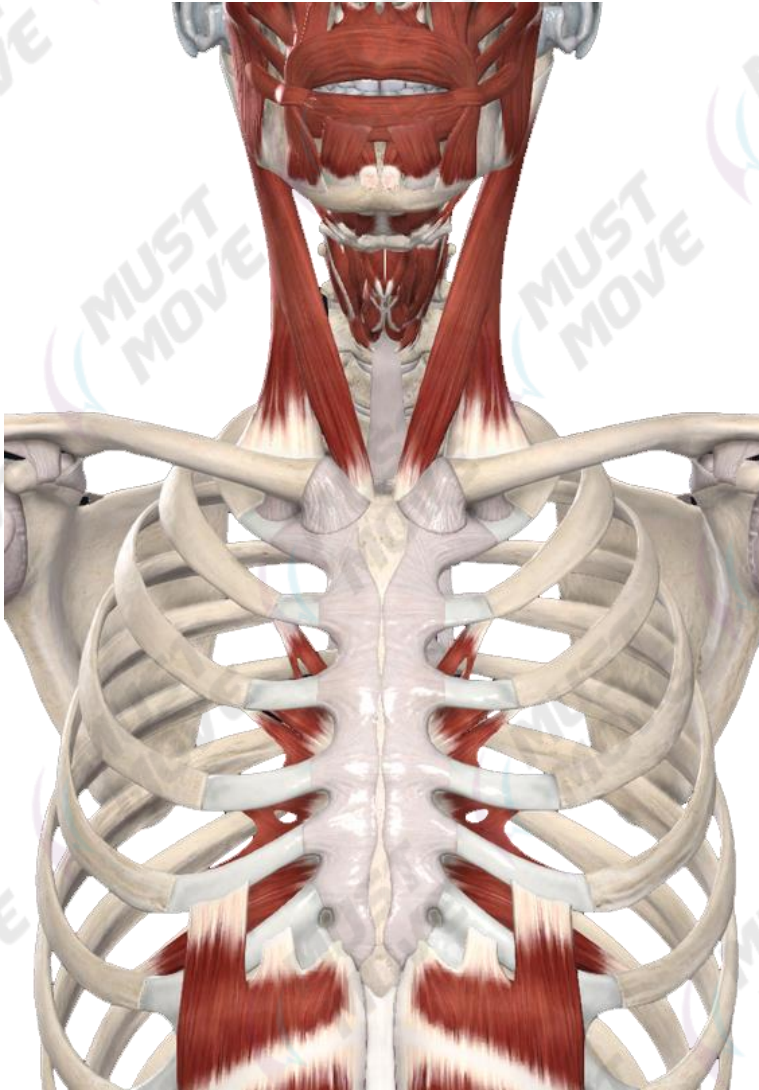
2. The Superficial Front Line



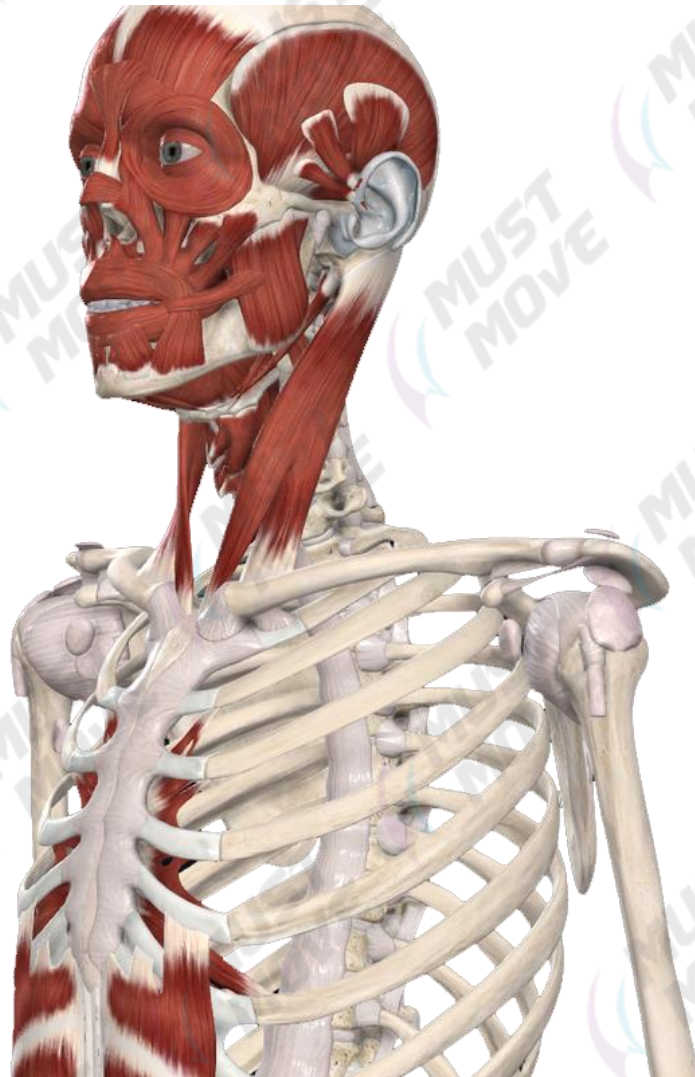
2. The Superficial Front Line



2. The Superficial Front Line



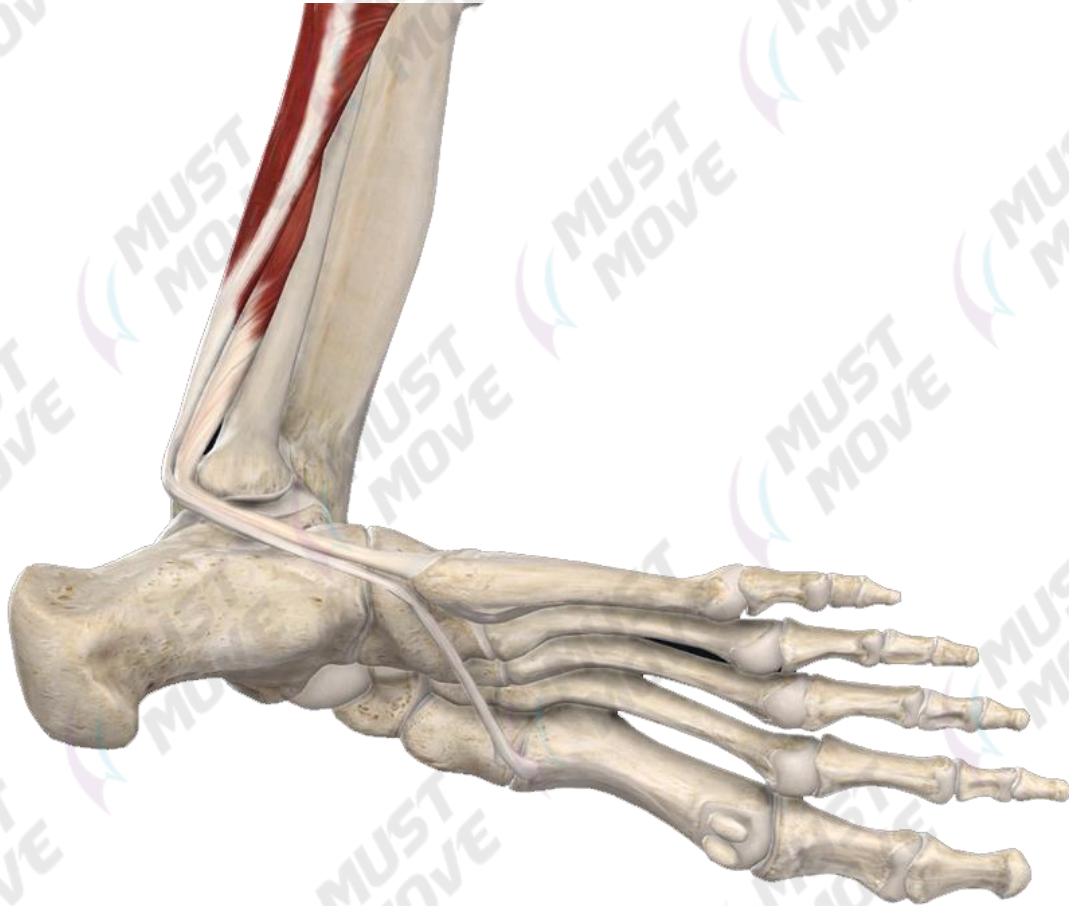
2. The Superficial Front Line



3. The Lateral Line



3. The Lateral Line



3. The Lateral Line



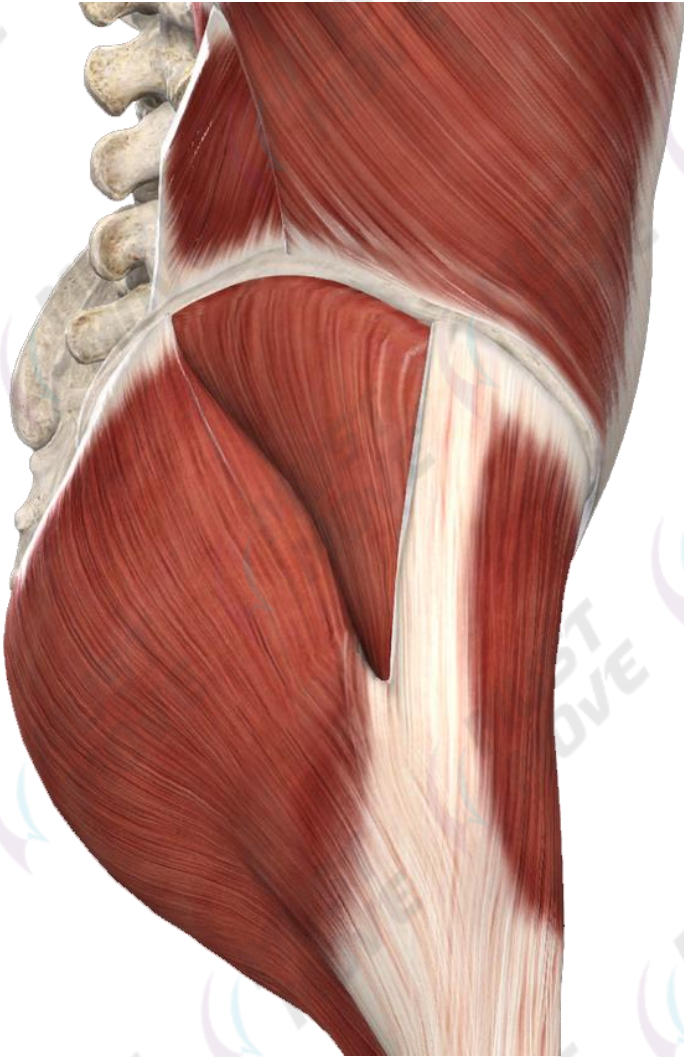
3. The Lateral Line



3. The Lateral Line



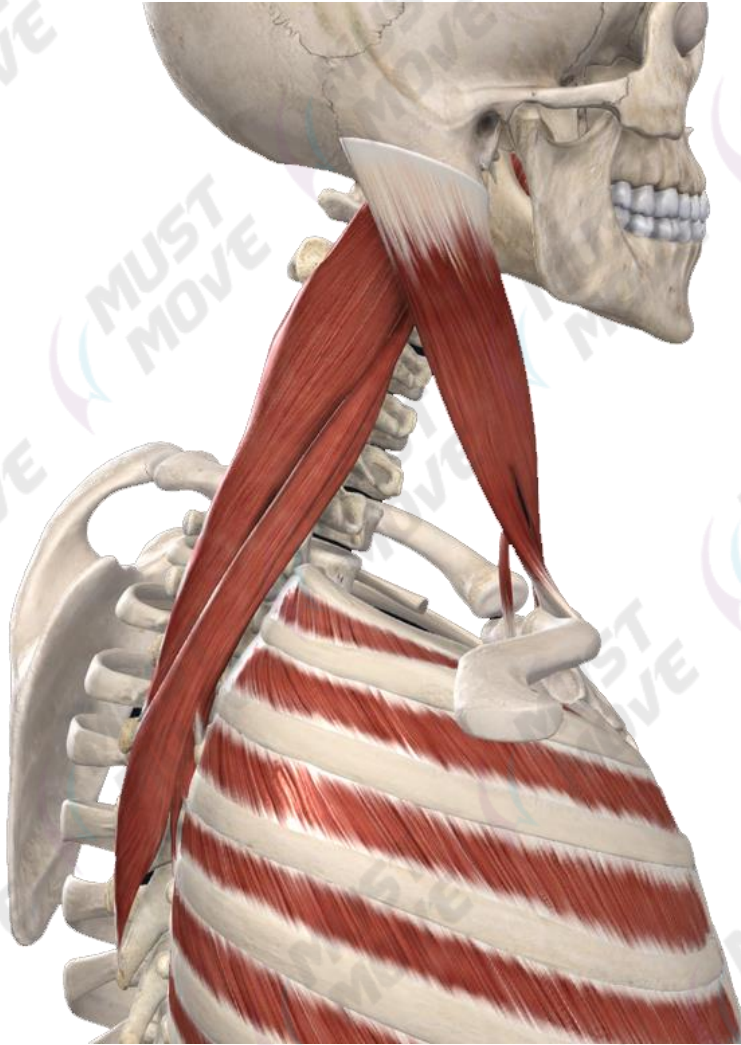
3. The Lateral Line



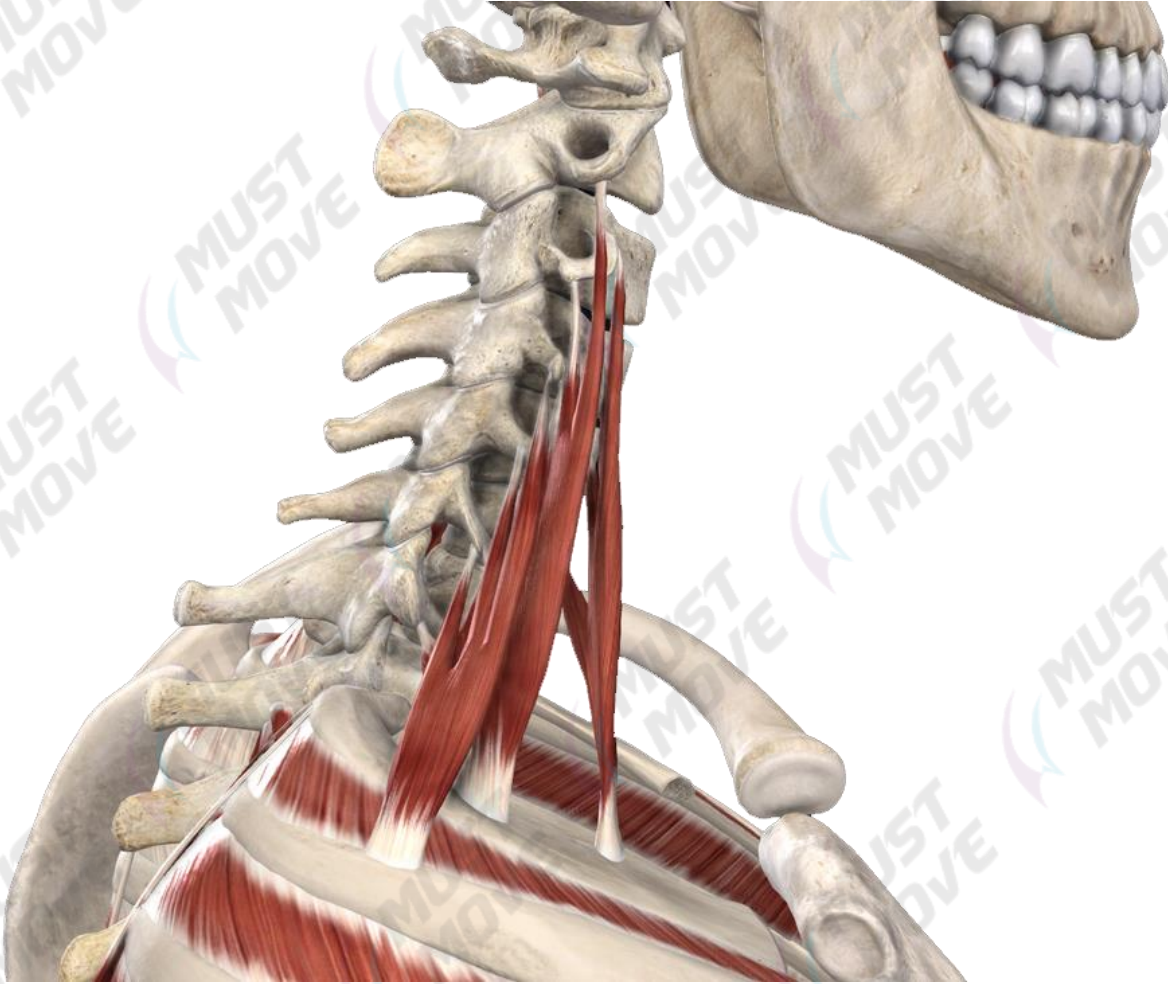
3. The Lateral Line



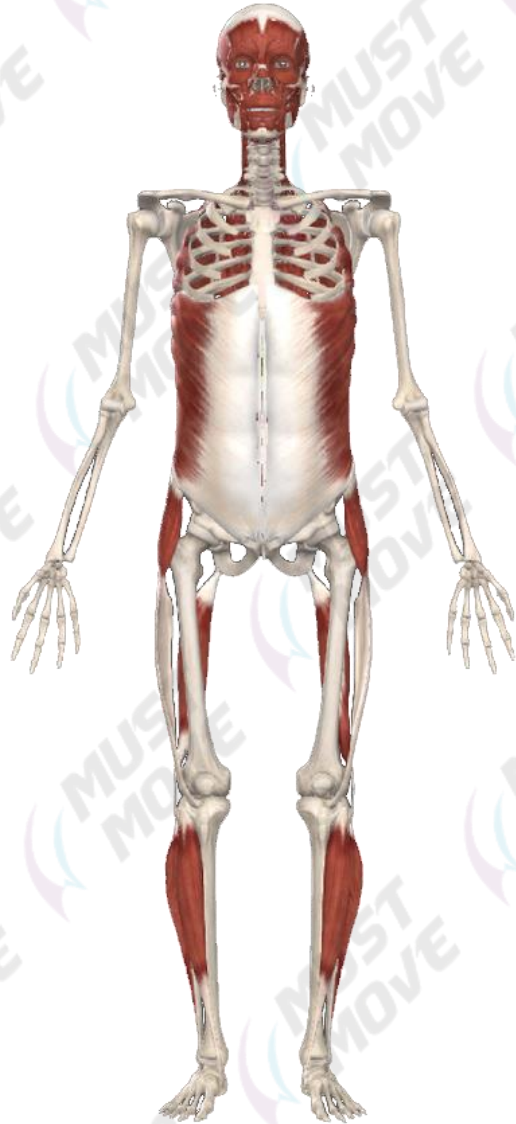
3. The Lateral Line



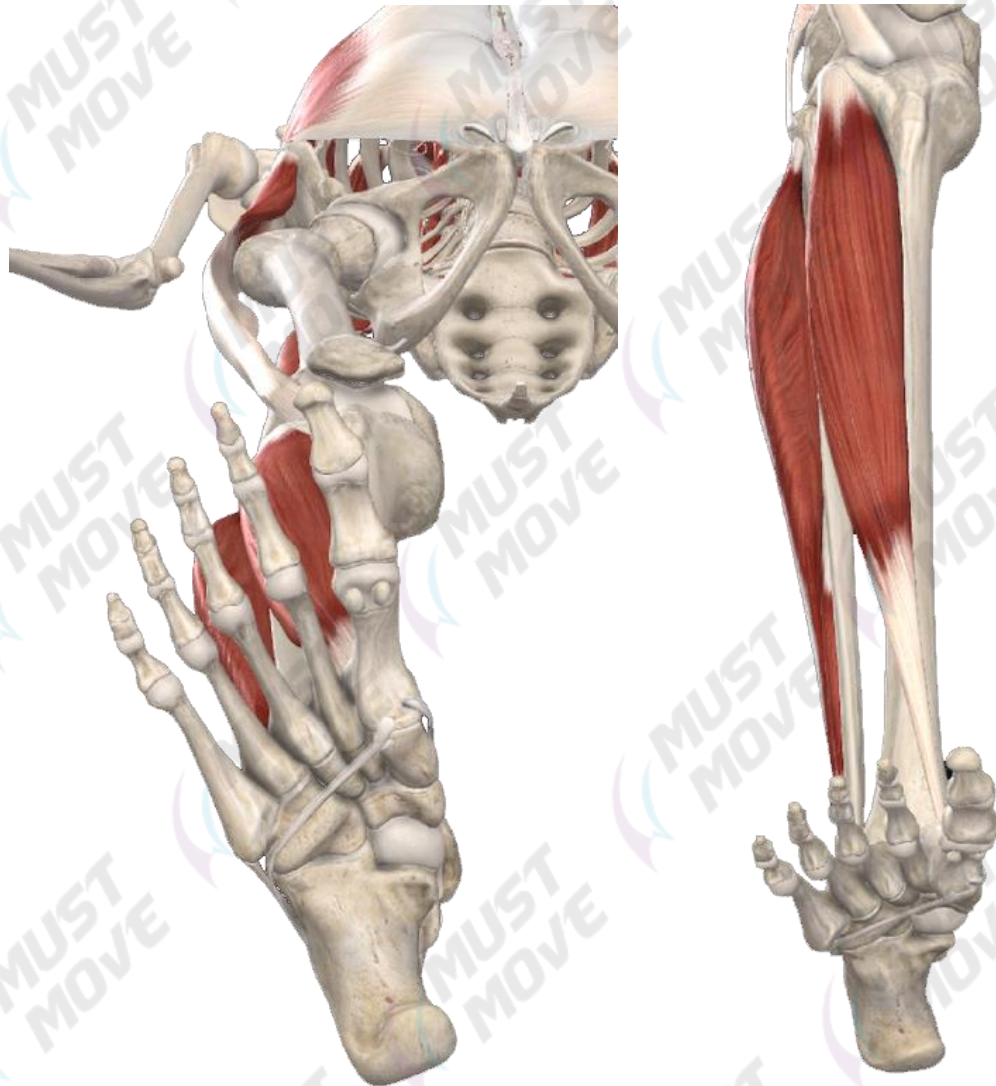
3. The Lateral Line



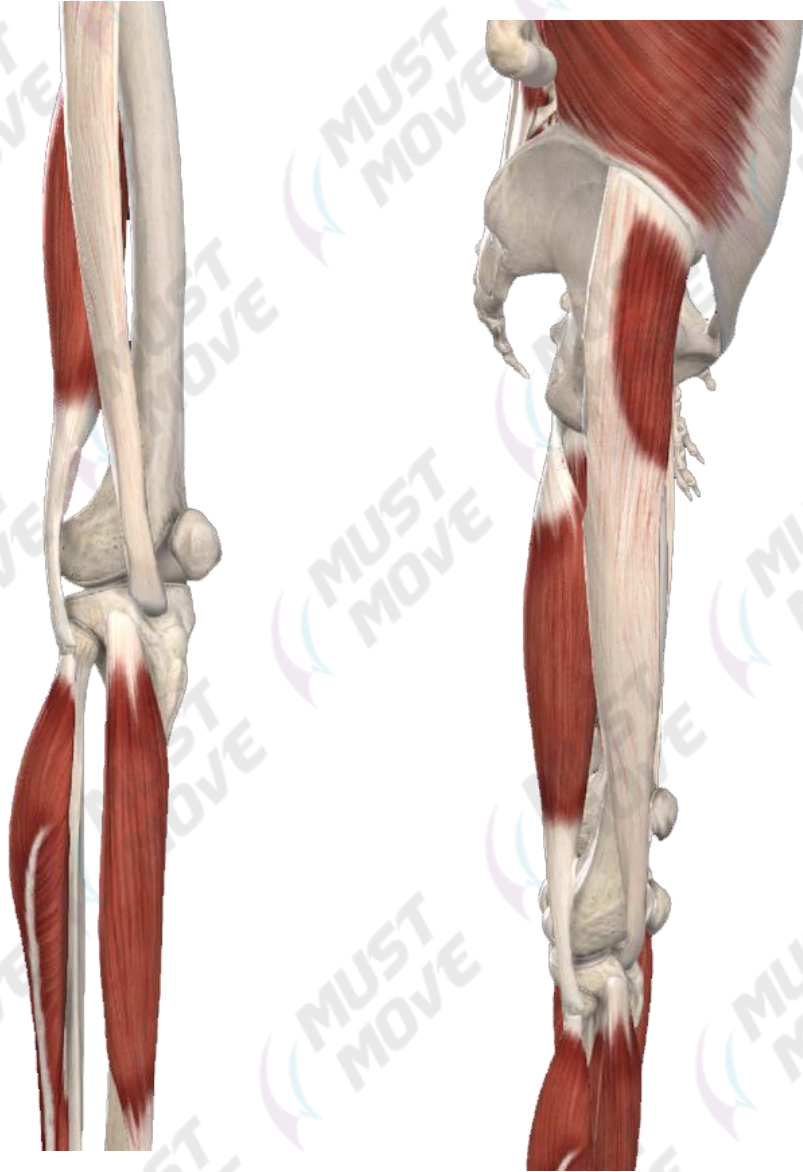
4. The Spiral Line



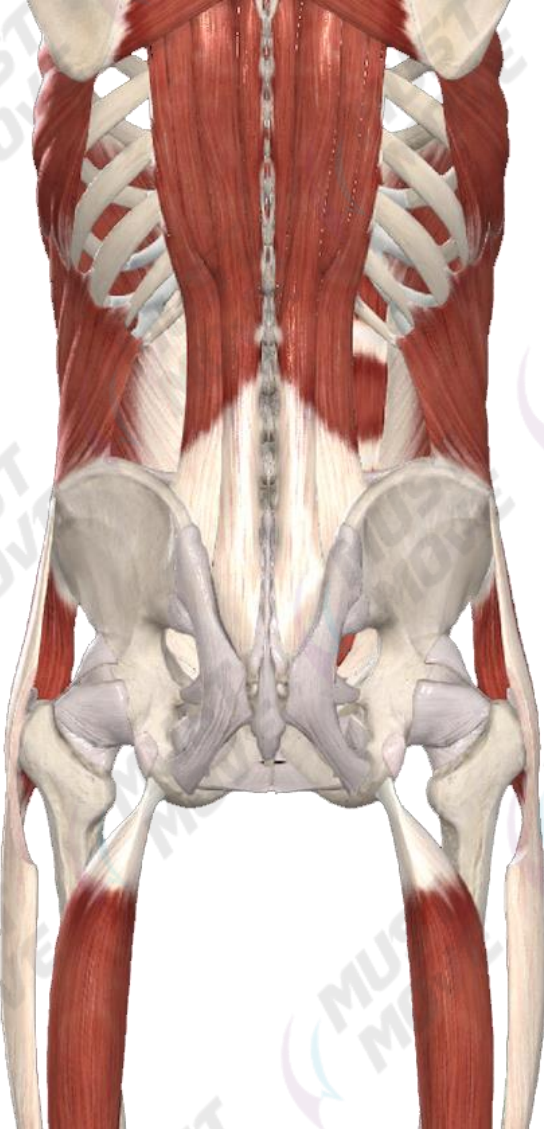
4. Tibialis anterior and Peroneus Longus



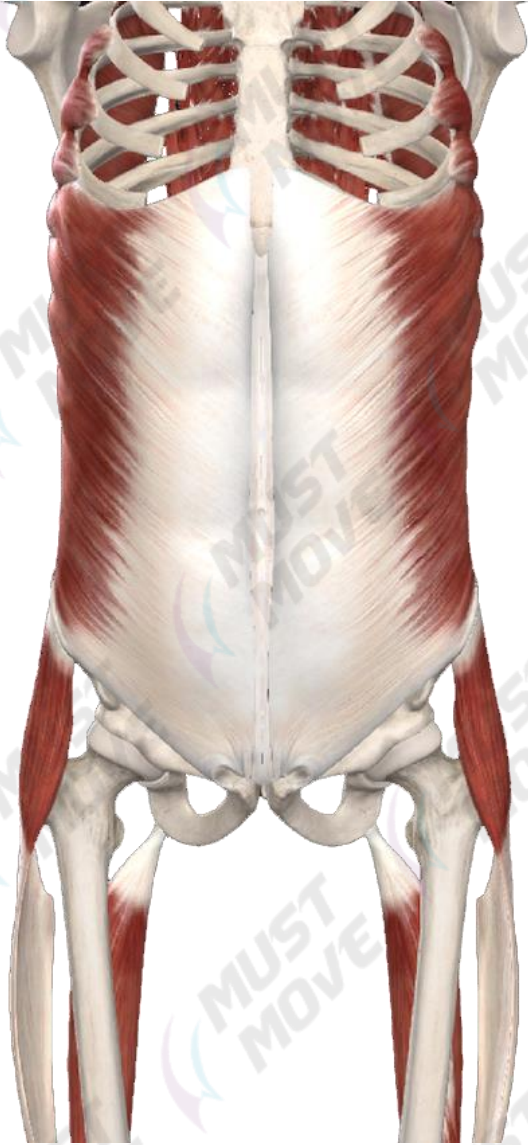
4. IT band, Biceps femoris and TA, PL



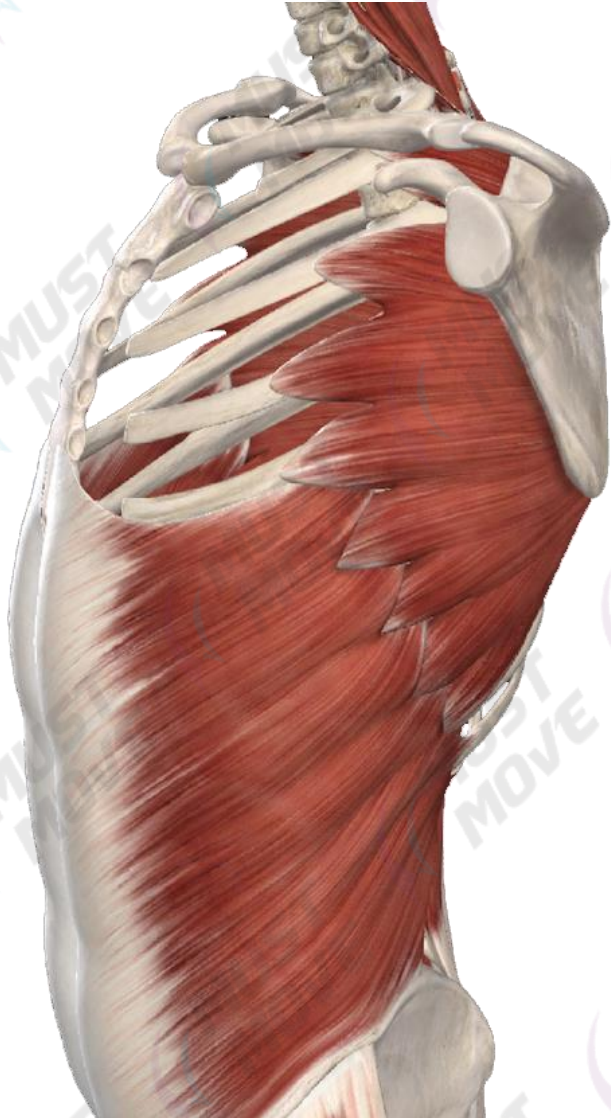
4. Hamstring and Erector Spinae



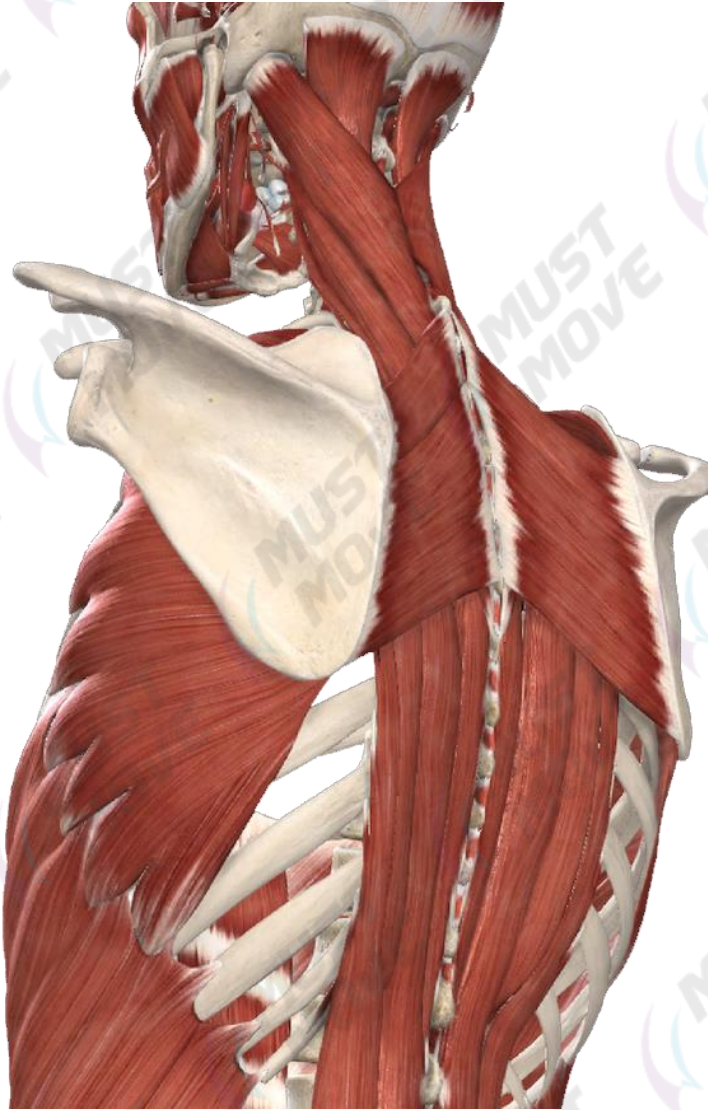
4. TFL and External, Internal Oblique



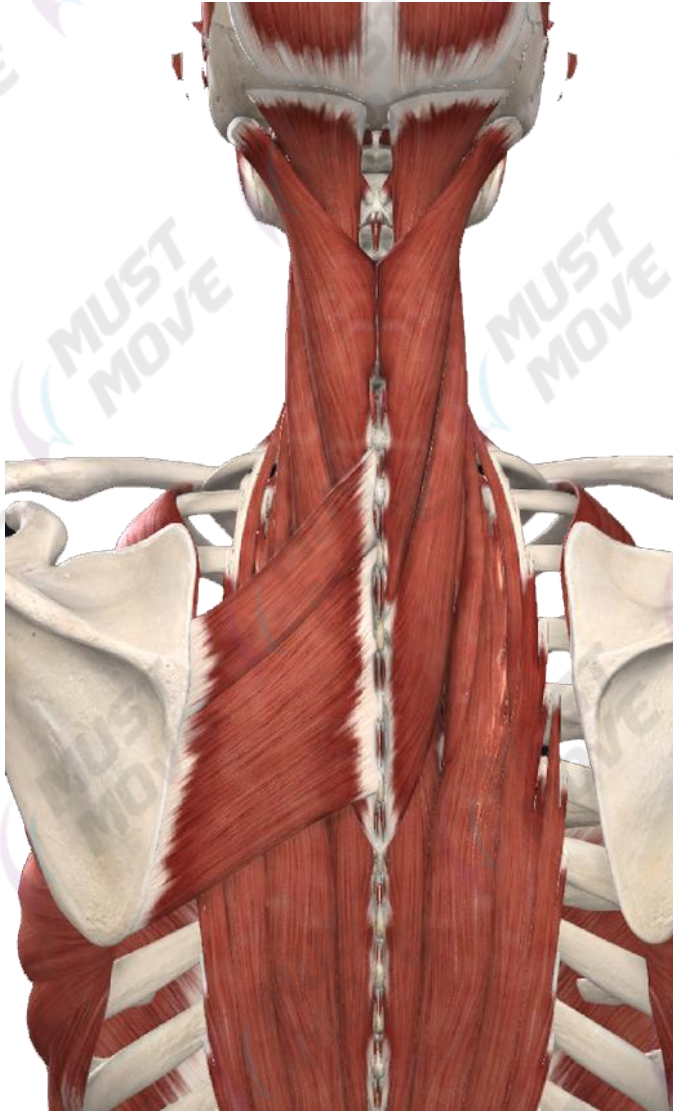
4. Oblique and Serratus Anterior



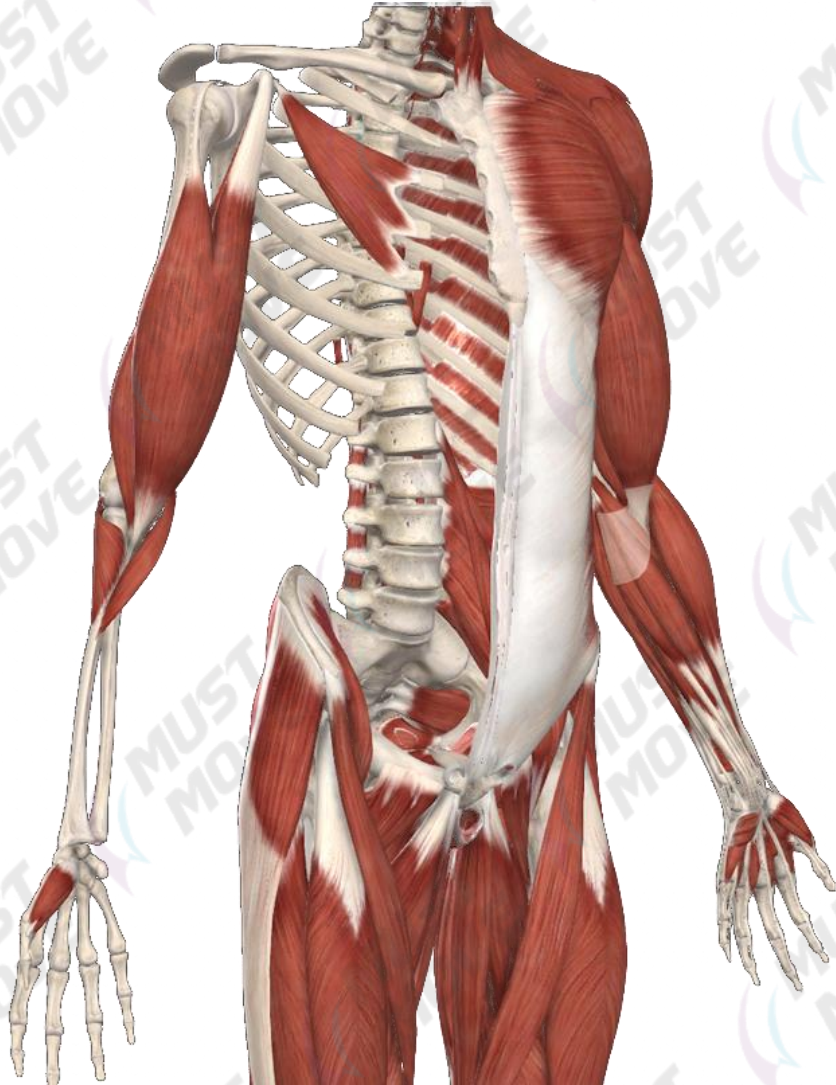
4. Serratus anterior and Rhomboids



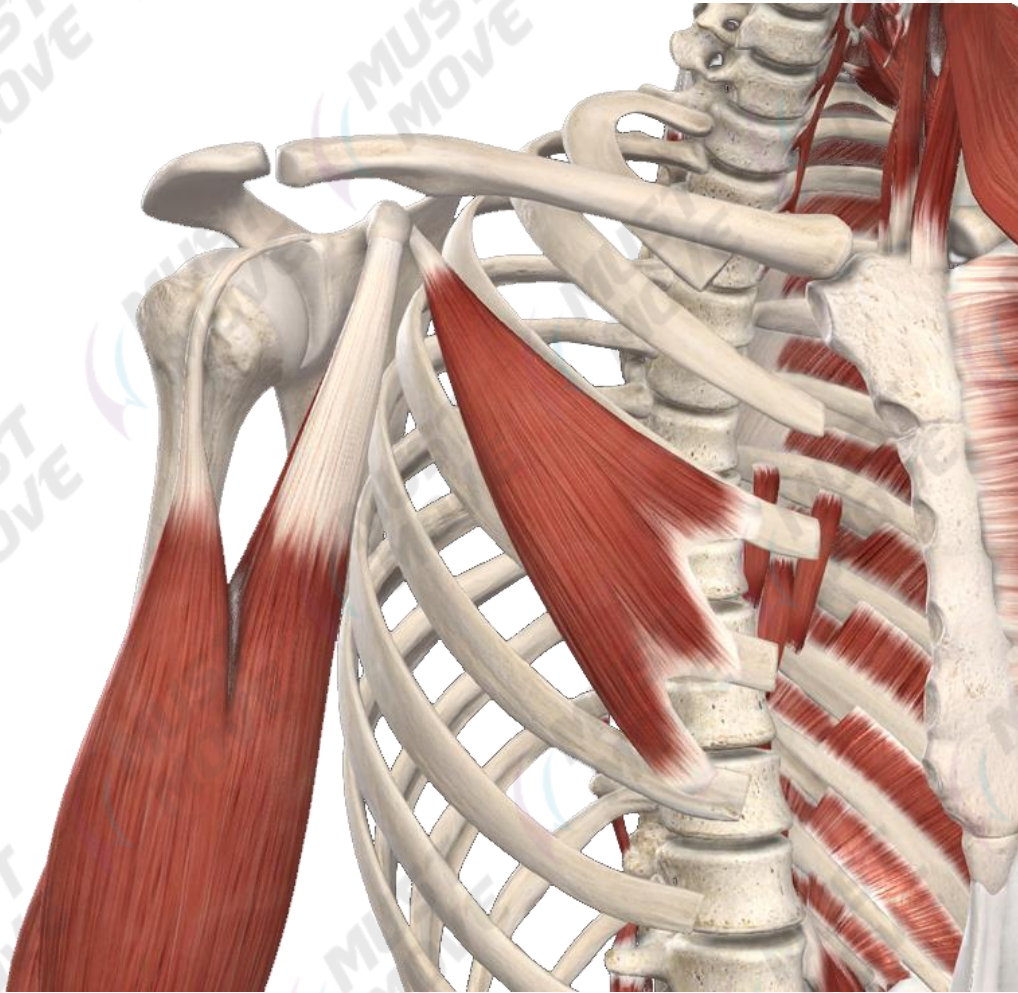
4. Rhomboids and Splenius capitis, cervicis



5. Deep Front Arm Line



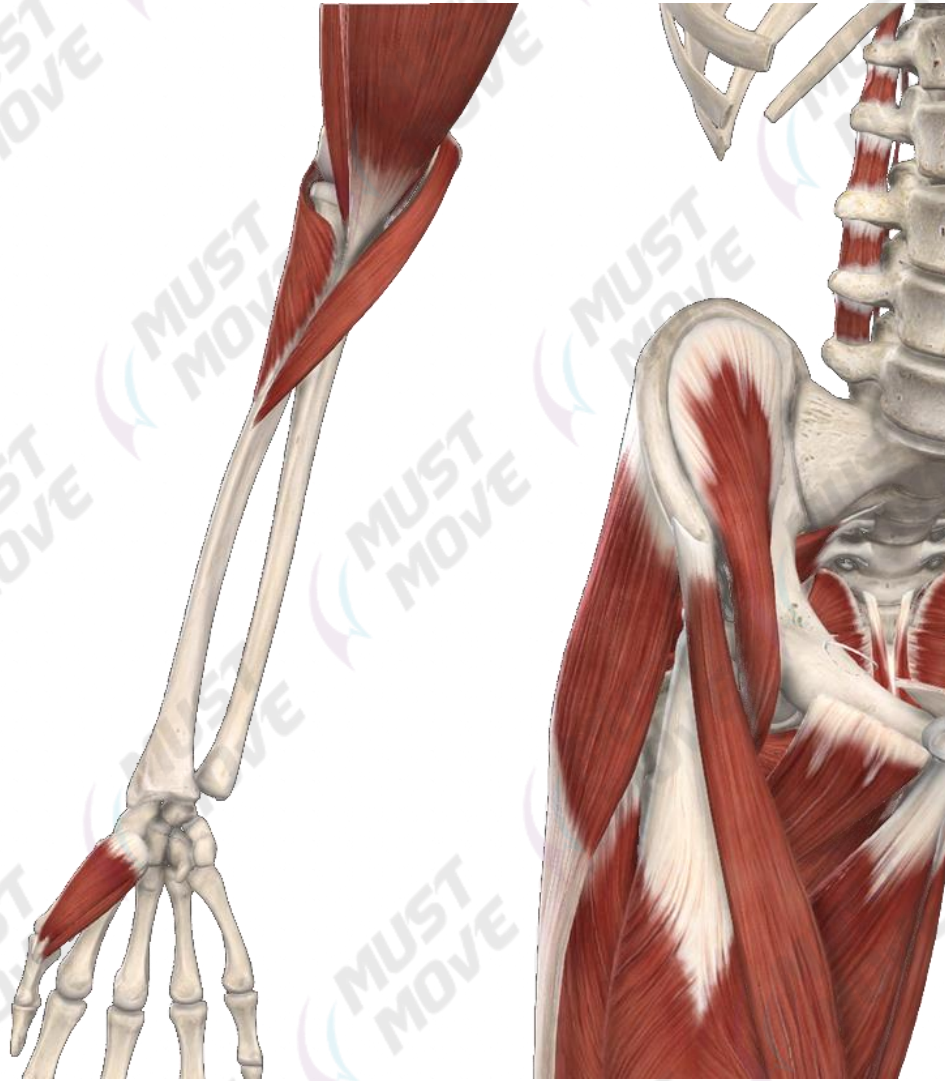
5. Pec minor and Biceps



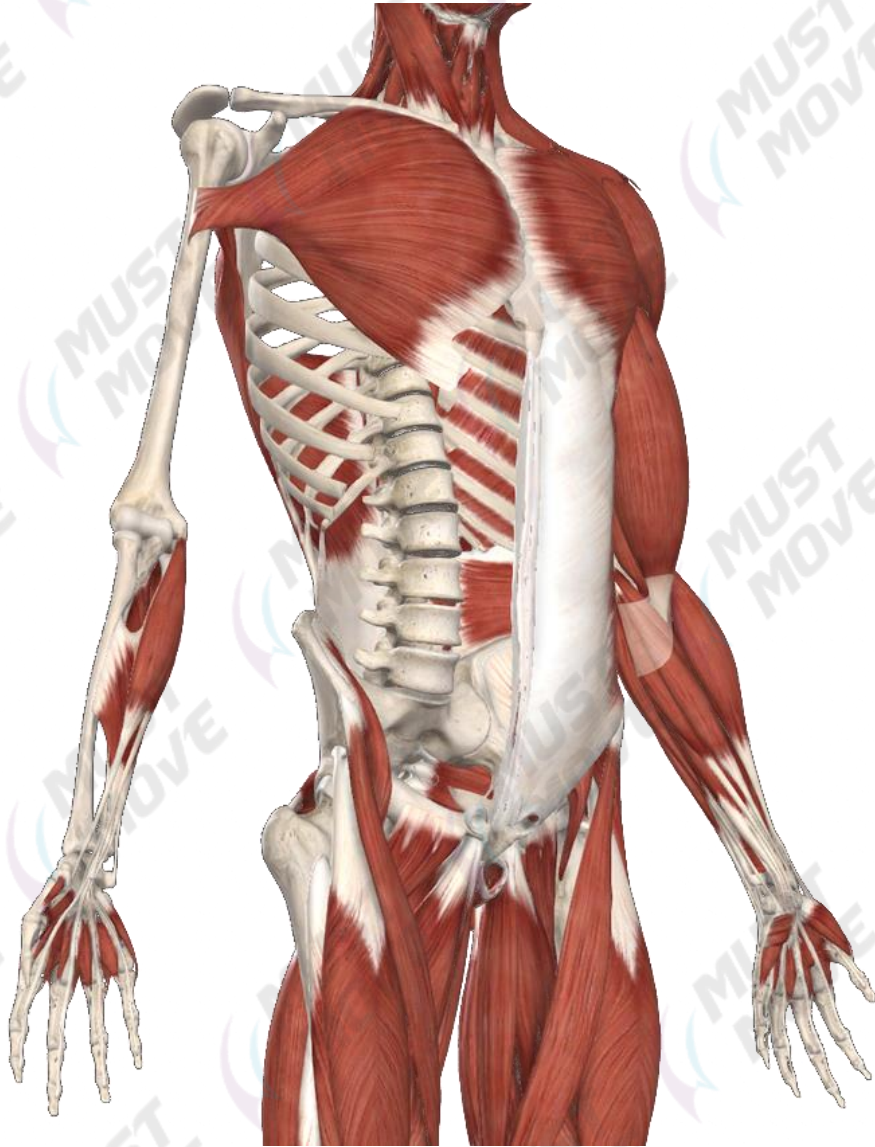
5. Supinator and Pronator teres



5. Radial Periosteum and Thenar muscle



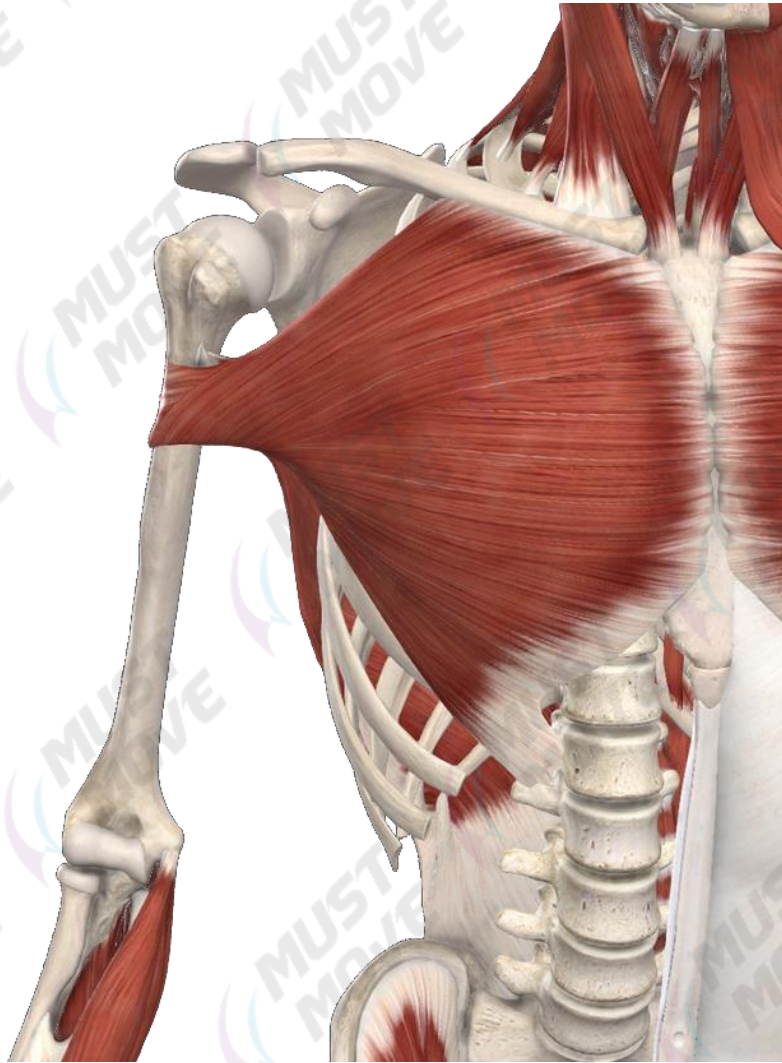
6. The Superficial Front Arm Line



6. Pec major and Lats, Teres major

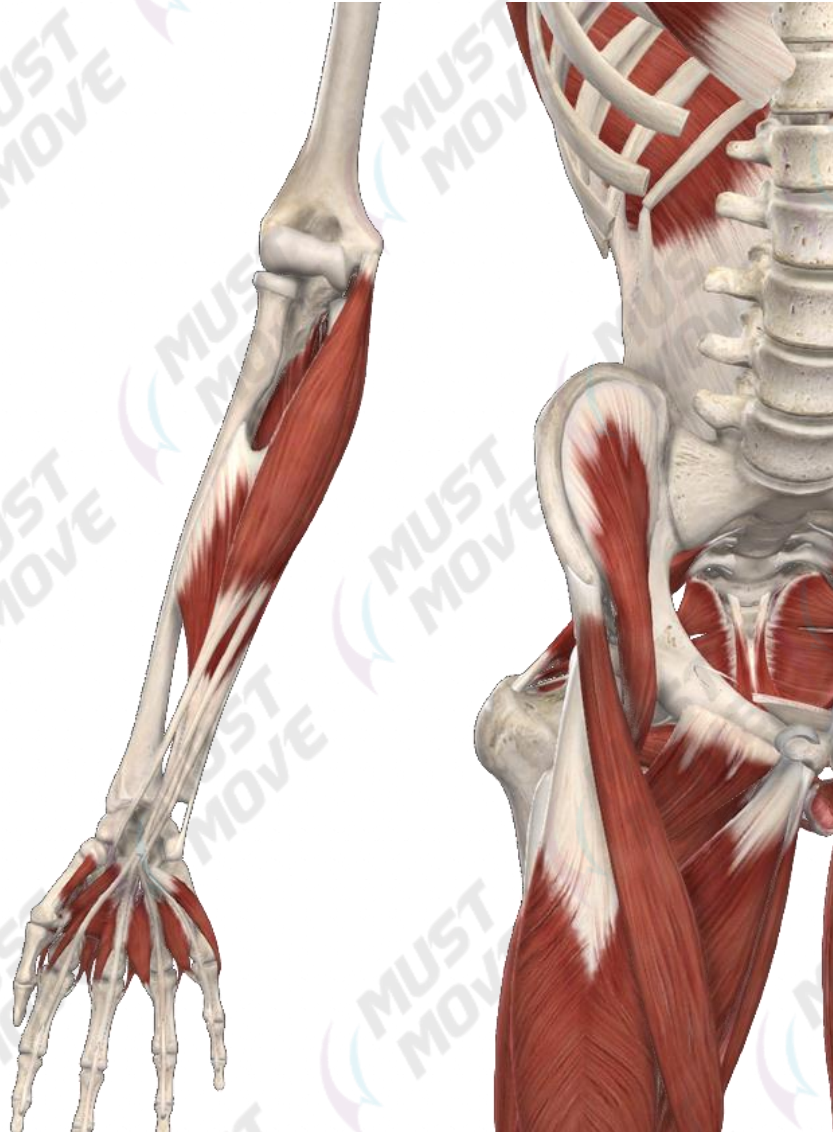


6. Medial intermuscular septum

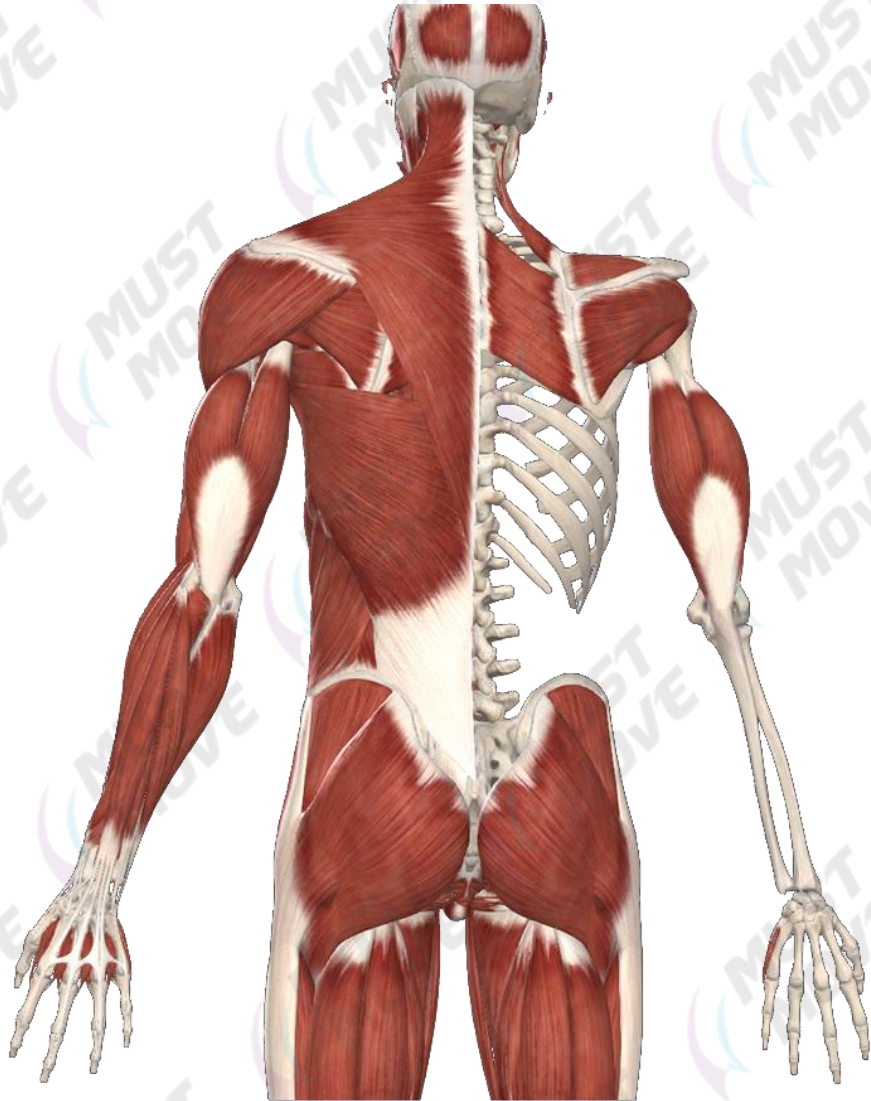


6. Wrist Flexor muscles

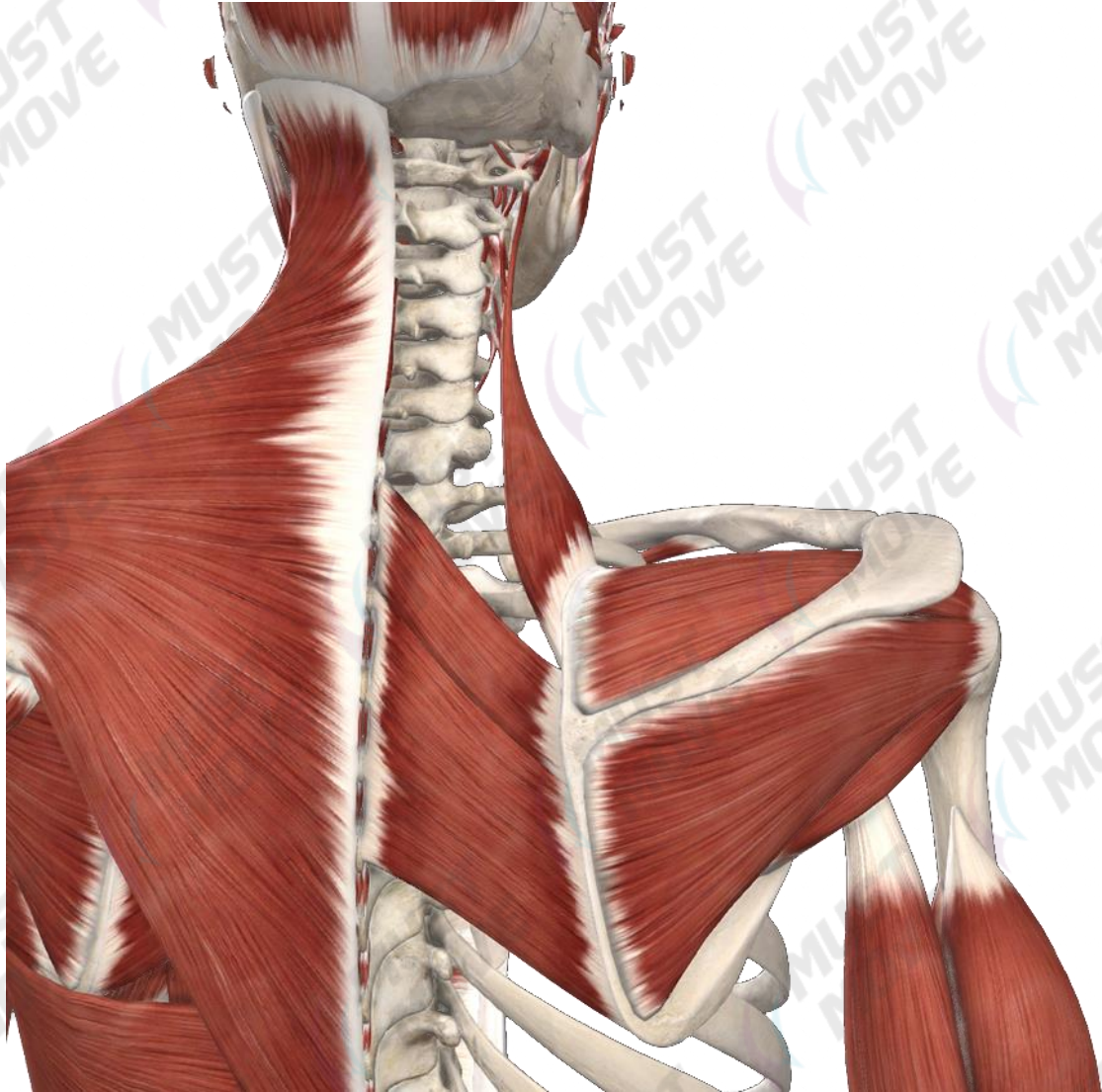
1. Flexor carpi ulnaris
2. Palmaris longus
3. Flexor carpi radialis
4. Flexor digitorum longus



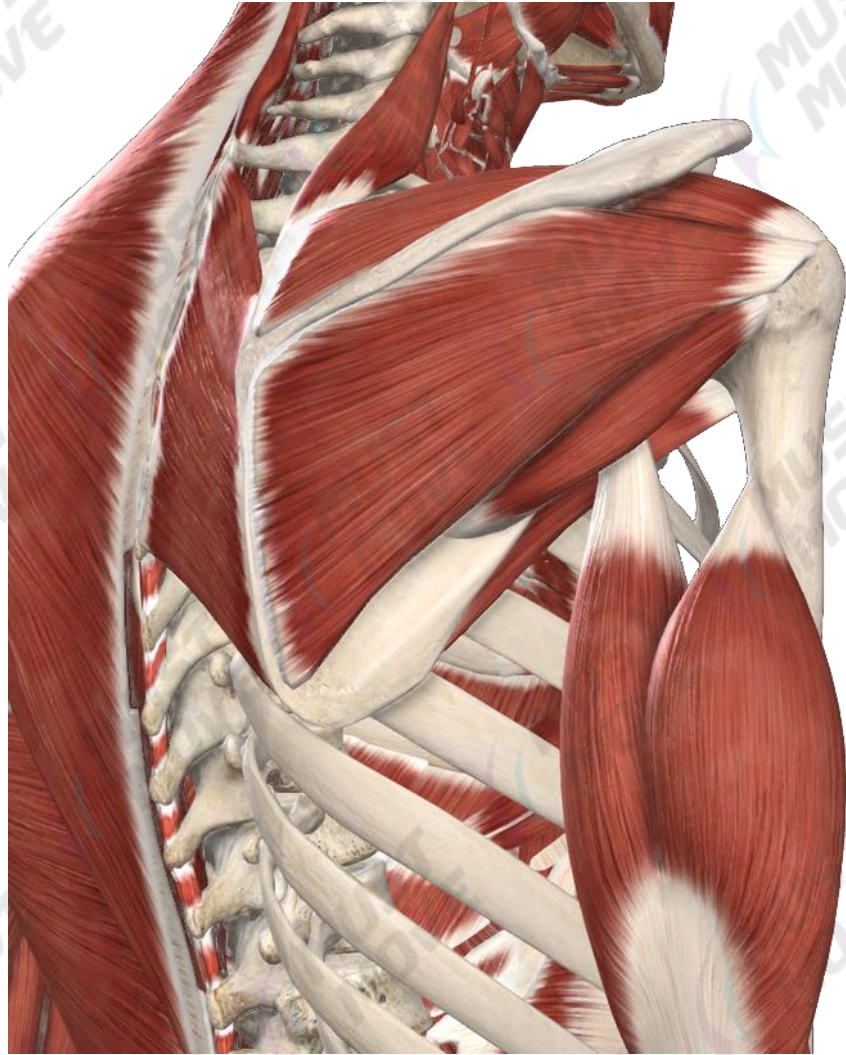
7. Deep Back Arm Line



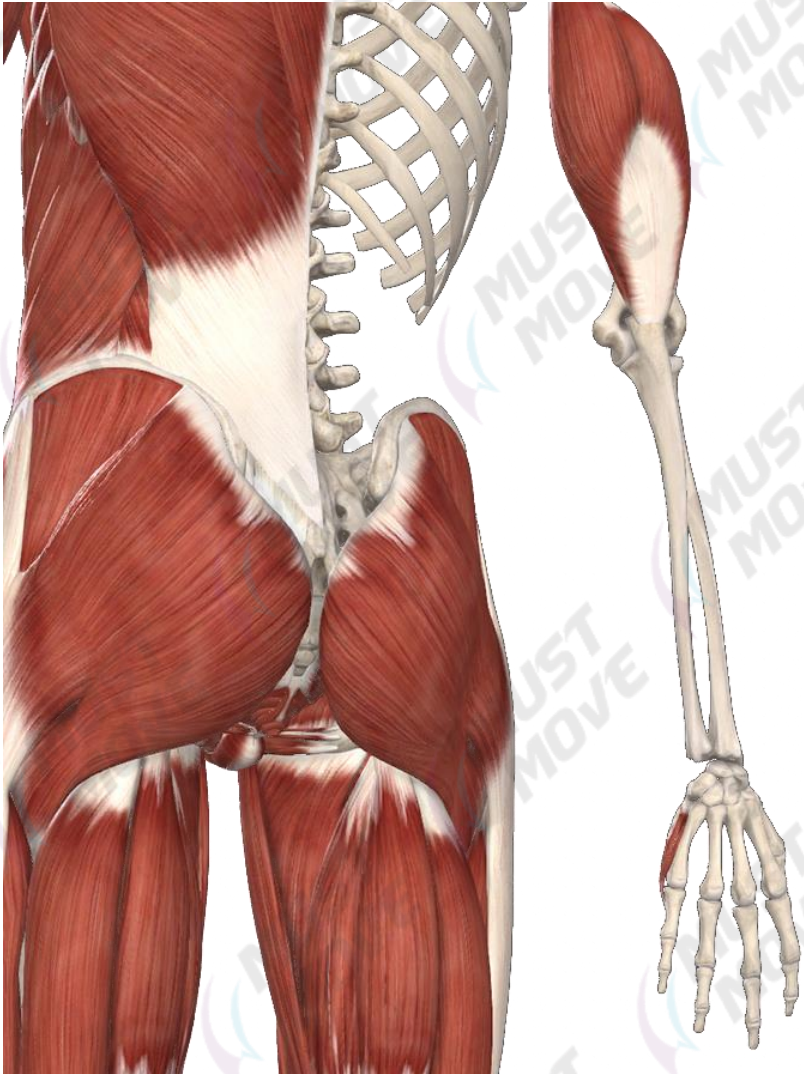
7. Rhomboid, Levator scapulae and Rotator cuff



7. Rotator cuff and Triceps



7. Ulnar periosteum and Hypothenar



8. The Superficial Back Arm Line



8. Trapezius and Deltoid



8. Lateral intermuscular septum and Wrist Extensors



9. The Deep Front Line

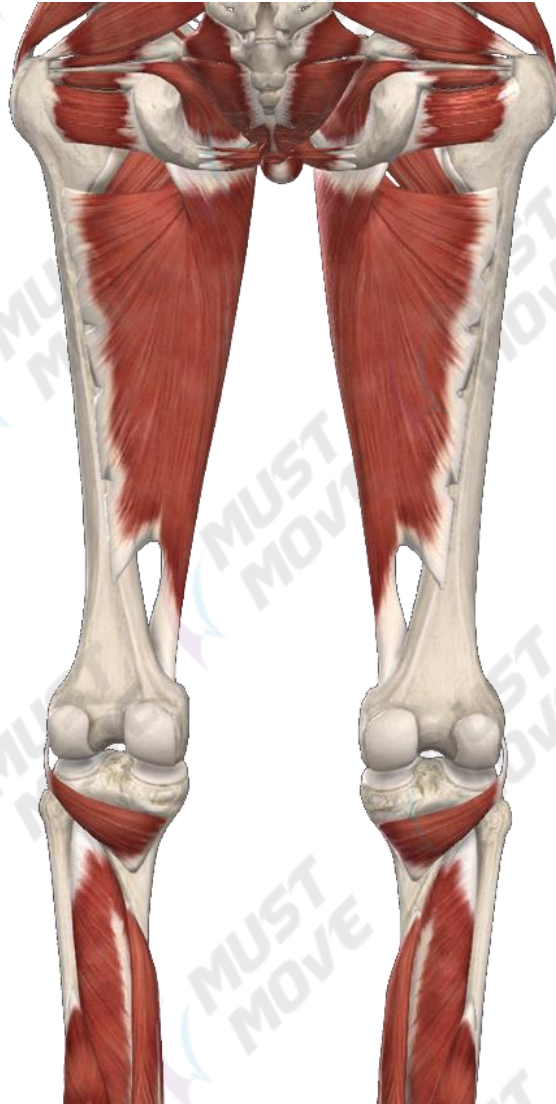


9. Flexor Muscles and Popliteus

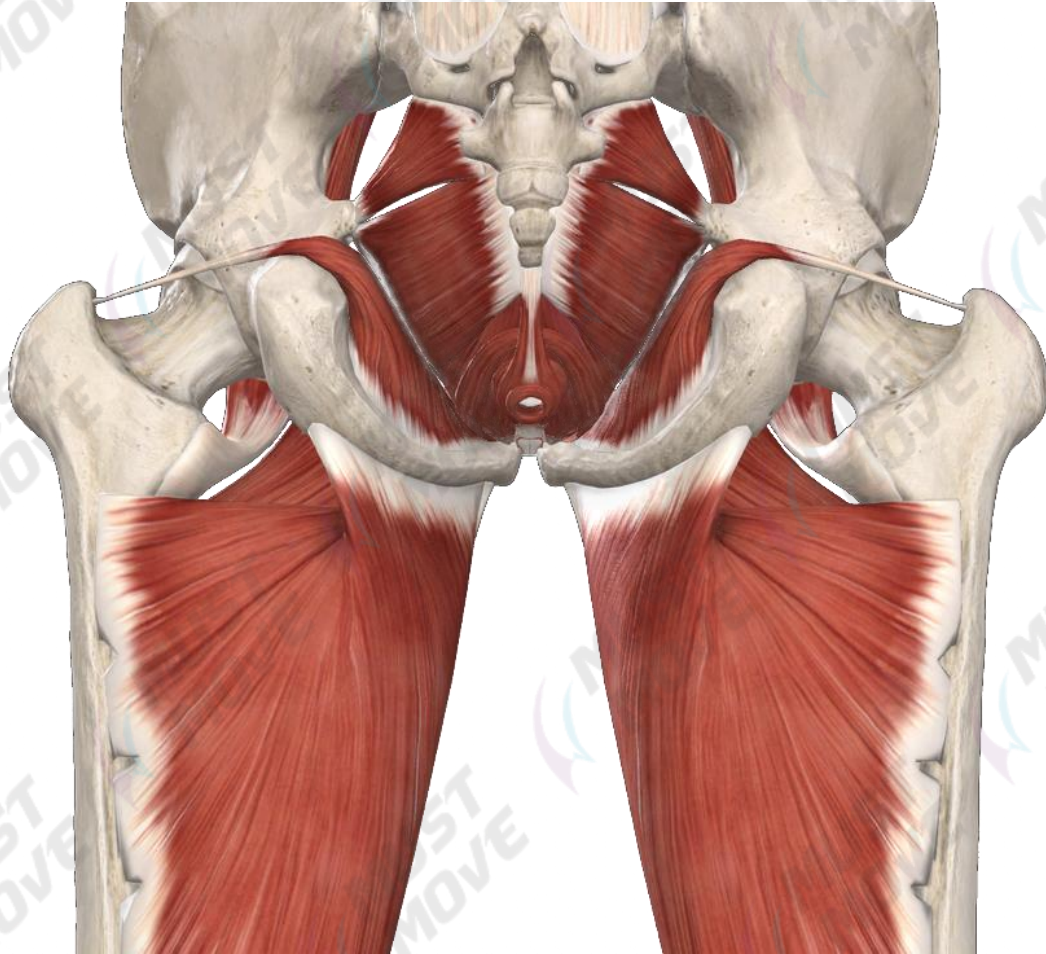


1. Tibialis posterior
2. Flexor hallucis longus
3. Flexor digitorum longus

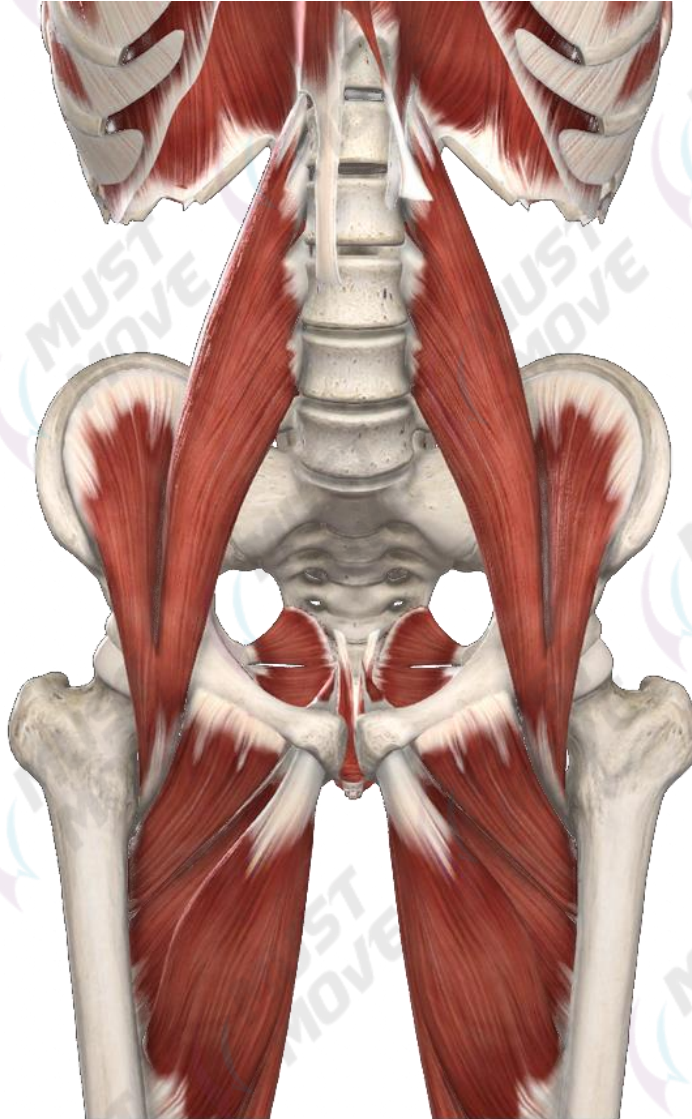
9. Popliteus, Knee capsule and Adductor



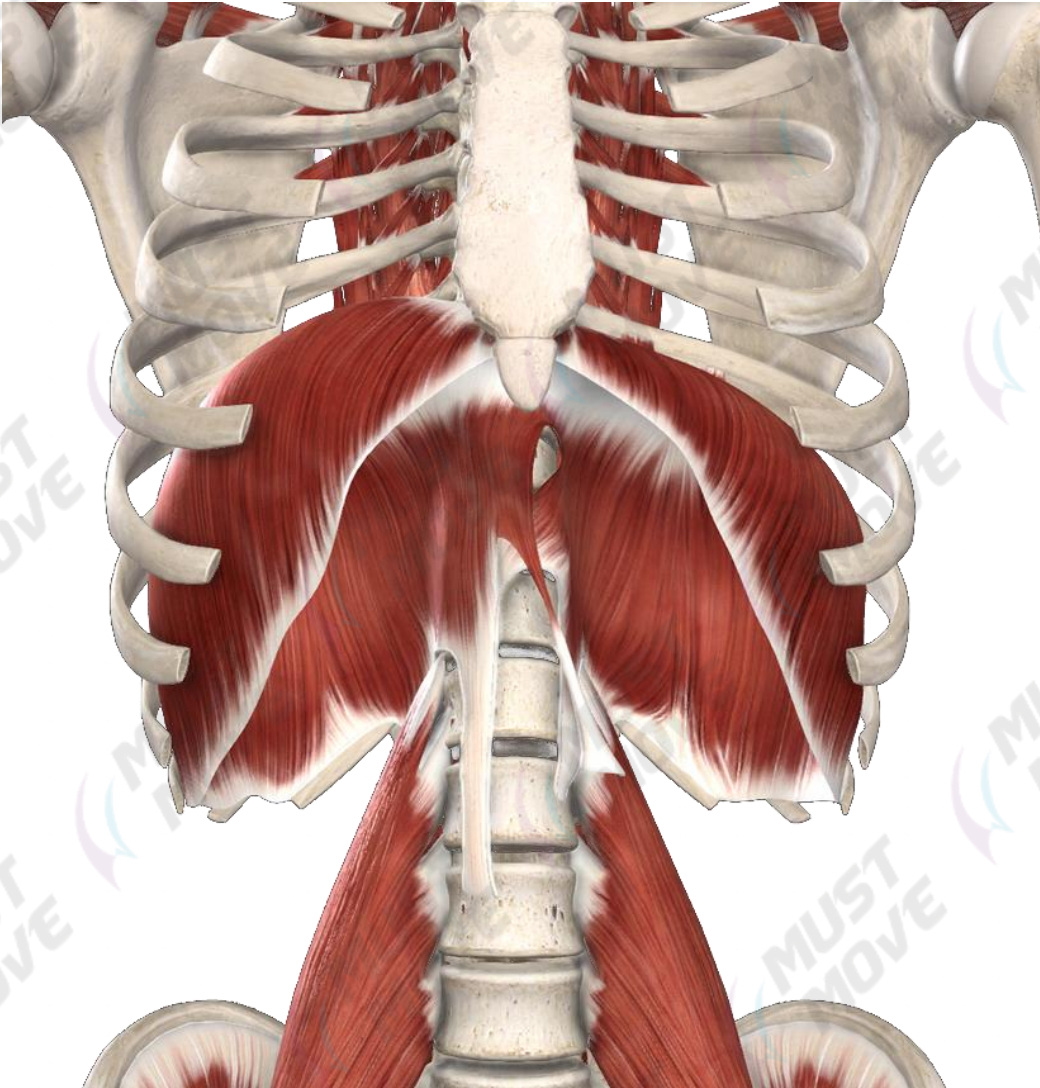
9. Adductor and Obturator internus and Pelvic floor



9. Adductor and Iliopsoas



9. Iliopsoas and Diaphragm



9. Diaphragm and ALL and Longus colli and Scalene

